

Head of Commissioned Partnerships  
Mental Health Innovations  
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**Freedom of Information Request from Mental Health Innovations (MHI) regarding externally commissioned provision to support individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support.**

To whomever it may concern,

Please can you answer the following questions:

1. Have you heard of the Service SHOUT? **Yes / No**

**NO**

2. **If Yes, please tick one of the following boxes below detailing where you have heard of the service;**

Advertisement on the tv

Word of Mouth

Have received Marketing communications

Other (Please detail)

3. Since the **beginning of the 2018/19 financial year**, have you commissioned or used (if free) any external provision to support individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support? This can include provision delivered directly to targeted populations or universal services marketed and offered in your locality? **Yes/No**

**YES**

If **Yes**, please can you provide the following information about any external provision delivered since the beginning of the 2018/19 financial year;

- What is the name of the provision?
- Who is the provider?
- What is the focus/ are the main issues addressed by the provision? (\*E.g. Relationships, online safety; bullying; domestic abuse/ healthy relationships; self-esteem /resilience; mental health; anxiety and depression)
- Who is the provision aimed at? (E.g. Children and Young People, adults, young offender, the locality population)
- How is the provision delivered? (E.g. group work, one to one work, marketing of support services, helpline etc.)
- Are there any target groups your current provision is unable to reach? (E.g. Young offender, children in care, secondary school, unemployed etc.)
- What is the annual cost of the provision?
- If you have an ongoing contract/licence for the provision, when does this end?

We have provided the table below to record your answers.

Name of the provision	Provider name	What is the focus/main issues addressed by the provision? (*see examples above)	Who is the provision aimed at? (* see examples above)	How is the provision delivered? (* see examples above)	Annual cost of the provision	Contract/ licence end date
Counselling / Therapy	Survivors in Transition	Adult survivors of Childhood Sexual Abuse.	Adults in Suffolk	Combination of individual therapy and group work	The cost to the PCC is £60k p.a.	31.3.2021
Counselling / Therapy	Fresh Start New beginnings	Childhood Sexual Abuse.	Children and Young People in Suffolk	individual therapy	The cost to the PCC is £60k p.a.	31.3.2021
Counselling	Suffolk Rape Crisis	Victims of sexual violence.	Women and girls (13+) in Suffolk	Combination of individual therapy and group work, helpline.	The cost to the PCC is £60k p.a.	31.3.2021
Anger and anxiety management courses	Suffolk Mind	Mental health	Vulnerable adults with mental health problems who have been affected by crime.	Group work	£18,409	31.12.2019
Recovery and reintegration	The Forward Trust	Mild to moderate mental health difficulties, reintegration	Ex-offenders	Individual and Group work	£20,000	31.10.2021

Through the Gate	The Reader	Mental Health and wellbeing, reintegration	Ex-offenders	Individual and Group work	£7,527	30.6.2021
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4. Do you have an annual budget for external mental health support provision? **Yes/No**

**No – we have a commissioning budget to support crime and disorder reduction and victims of crime.**

If **yes**, how much is the budget and how is it split? (E.g. Cost of service delivery, marketing budget for new service)

5. Since the **beginning of the 2018/19 financial year**, have you commissioned or used (if free) any external provision to train and support staff working with individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support? This can include training for targeted populations or universal training within your locality? **Yes/No**

**NO**

If **Yes**, please can you provide the following information about any training delivered since the beginning of the 2018/19 financial year;

- Who is the provider?
- What is the focus/ are the main issues addressed by the training? (\*E.g. Healthy Relationships, online safety; bullying; domestic abuse/ healthy relationships; self-esteem /resilience; mental health; anxiety and depression)
- Who is the provision aimed at? (E.g. Children and Young People, adults, Young Offenders, the locality population)
- How is the provision delivered? (E.g. Face to Face training, e-learning, Virtual Training)
- What is the cost of the training?
- If you have an ongoing contract/licence for the training, when does this end?

We have provided the table below to record your answers.

Provider name	What is the focus/main issues addressed by the provision? (*see examples above)	Who is the provision aimed at? (* see examples above)	How is the provision delivered? (* see examples above)	Cost of the training	Contract/ licence end date


6. Are there any gaps in mental health support services that you feel Mental Health Innovations 'Shout' Text service could support? **Yes/No**

**NO**

If Yes, please detail:

7. Are there any Grants the PCC offers for increase mental health support service provisions? **Yes/No**

**No, not specifically. The PCC Fund is available for grants up to £20,000 to support the work of voluntary and community groups, charities, social enterprises and community interest companies that are delivering services that help make Suffolk a safer place to live, work, travel and invest in. The fund supports projects that reduce crime and disorder and supports victims of crime.**

<https://www.suffolkecf.org.uk/grants/suffolk-police-crime-commissioners-fund/>

If Yes, please detail:

What is the Grans?

When is the grant available?

What is the value of the grant?