Suffolk Police & Crime Commissioner's Stay Safe Online Fund

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About the Fund

Suffolk Constabulary and the Police and Crime Commissioner (PCC) were successful in receiving Police Innovation Funding for a Multi-agency E-safety project. The project brought together colleagues from the Constabulary, Office of the Police and Crime Commissioner, Suffolk County Council and the University of Suffolk to establish an evidence base. Alongside considering safeguarding arrangements, the project reviewed current literature, Suffolk cyber survey responses and used focus groups with young people to identify key findings about e-safety and online vulnerability.

The report included guidance on sources of good information and enabled statutory agencies to consider what action they could take to share the information and findings with practitioners and the wider public. The PCC wanted to consider how he could support grass roots initiatives to protect and support young people. To this end, the PCC set up a specific fund (publicly endorsed by partner agencies) called 'Stay Safe Online' calling for projects to raise awareness of online dangers and give young people and their parents/carers information to support themselves. The fund was managed by Suffolk Community Foundation and was launched in Summer 2017. The criteria for the fund built on further research from the University which highlighted the factors which made people more vulnerable online and considered at which ages interventions might be most effective. Successful organisations were required to undertake the Marie Collins Foundation Pathway to Protection Training, funded by the PCC, to ensure a consistent safeguarding approach was taken. Applications were required to be submitted by October 2017 with the view to preparing and delivering all of the projects within the 2018/19 academic year.

Grants awarded in December 2017

Organisation	Awarded	Project
Access Community Trust	£9,400	'You're ruining my social life' - a piece of theatre for presentation in schools, focusing on staying safe online.
Bangladeshi Support Centre	£9,750	Online Safety Awareness sessions for children and parents from BME communities.
Friends of St Mary's CEVAP School	£1,818	E-safety training sessions for children, parents and teachers, alongside a peer-to-peer e-safety programme called Digital Leaders.
Guardian Saints Community Interest Company	£10,000 but only £3,308.71 spent due to reduced costs	Online Safety Awareness workshops for foster carers.
Ipswich Community Media	£9,910	Staff training to support young people with online safety.
Kernos Centre	£10,291	Raise awareness and educate children and young people around online safety, in partnership with local primary schools.
Level Two Youth Project	£5,875.48	Educate young people, parents, grandparents and carers in e-safety in order to protect young people vulnerable to cyber crime.
Porch Project	£5,040	Online safety workshops at schools and within drop-in sessions.
South West Grid for Learning Trust Ltd	£10,000	Promote the use of the 360 degree safe Online Safety Self Review tool amongst schools in Suffolk.
Suffolk Refugee Support	£7,035	Support asylum seekers and refugees with keeping safe online.
Volunteering Matters	£16,446	Online safety sessions with children in years 5 and 6 in partnership with schools.
Total	**£88,874.19**	

Additional grants awarded

Organisation	Awarded	Project
Marie Collins Foundation (awarded in 2018)	£1,701	Delivery of Think: Path to Protection – 8th November and 7th February 2018.
Porch Project (awarded in 2019)	£6,000	Stay Safe Online days for 6 schools in Hadleigh and Great Cornard.

Geographical spread of grants awarded

Beneficiaries

Overall, the grants awarded in 2017 made a meaningful impact on **10,231 beneficiaries**, consisting of **1,027 adults** and **9,204 children and young people**, with a cost per head of £8.69.

Access Community Trust

In February 2018, Access Community Trust were awarded £9,400 towards 'You're ruining my social life' - a piece of theatre for presentation in schools which focuses on staying safe online.

Beneficiaries: 1,000
Cost per head: £9.40
Project area: Waveney

The outcomes stated at application stage were:

- To increase young people's awareness around the potential dangers surrounding the use of the internet.
- To increase confidence in young people to report to family, teachers, and/or the police any activity that they believe to be inappropriate.
- To ensure that users of the internet do not themselves become victims or criminals.

The following were achieved in relation to the outcomes:

- 980 children, aged 9-12, and 20 staff took part in 15 workshops across the Waveney area.
- The schools involved were Carlton Colville Primary School, Elm Tree Primary School, Saxmundham Primary School, Saxmundham Free School, Wood Ley Primary School (Stowmarket), Ashley School (Lowestoft), Kelsale Primary School, Long Melford Primary School, Snape Primary School, Forest Academy (Brandon), Stradbroke High School, Hillside Special School (Sudbury), Waldringfield Primary School and Rose Hill Primary (Ipswich).
- Before the workshop, 70% of each group were not aware that employers will sometimes vet social media sites.
- The workshop covered why you need to be aware of what you store and share online, and how this can have a negative impact on chances of employment.
- 80% were not aware of how long data is stored and why. This was explained to the groups in the PowerPoint presentation.
- Before the workshop, 50% would have agreed to meet a stranger who they have messaged on social media. Following the workshop, none of the participants would meet a stranger.
- At the end of the Forum Theatre sessions, when each group was asked who is responsible in the school for safeguarding, 80% were aware of at least one member of staff. Each group was then reminded of who they can go to report anything to. School staff also reiterated the key staff members to talk to.
- At the end of each workshop, it was clear that confidence to talk about the issues raised had been increased. At the beginning of the workshop the PowerPoint enabled some Q and A, but overall, there was reluctance to speak out. Following the Forum Theatre there was a marked increase in the levels of interaction.
- The children who accessed the workshops feel more able to report any incidents to the right person or organisation, which will result in increased investigations and long term reduction in crime.

A series of interactive workshops around online safety were designed and delivered to schools in the Waveney area. The first part consisted of a 20 minute presentation, delivered by an Access volunteer, which assessed the children's knowledge and provided valuable tips to stay safe online. Roller display boards at the schools highlighted websites offering confidential advice about the issues raised through the project.

The second part of the project was 'Click' - a new play by local playwright, James Dermott, lasting 60 minutes. The play was used to develop a piece of Forum Theatre, which was adapted by each group of children who directed the actions themselves based on what they would do in each scenario. The two actors, originally volunteers but later staff, played back the changes enabling the children to evaluate their suggestions. The play featured a victim of bullying and a victim of online grooming, both 16 years old.

Due to changes in staff requirements and delays to performances to allow for feedback to be acted upon, the project took longer than expected. As a result, the Online Safety Evaluation Surveys from

participants were not received until September as the final sessions were not delivered until shortly before the summer holidays.

A case study demonstrating the impact of the project:

"One of the notable changes during the delivery of the project was the change in behaviour in one cohort - Stradbroke Primary School in Suffolk. Eighty five pupils attended and, during the conclusion of the Forum theatre section, 50% of the group said they would have met the person portrayed in the drama as a 16 year old but, in reality, a 48 year old man. Following group discussions in pairs and reiteration of the dangers this could potentially lead to, 100% of the cohort agreed they would not meet the man in the van. This shows real change in the attitudes of individuals that will help keep them safe."

Feedback from Online Safety Evaluation Surveys:

- Of the 980 children who took part in the project, 352 children completed a survey. The majority these children found the session helpful (93%), fun (90%) and learnt something new about being safe online (81%).
- 96% strongly agreed or agreed that they know what to do and who to tell if something on the internet upsets them.
- 93% strongly agreed or agreed that they are careful about what they share on the internet.
- 89% strongly agreed or agreed that they can help their friends stay safe on the internet, 9% gave a neutral response and 2% disagreed or strongly disagreed.

Bangladeshi Support Centre

In February 2018, Bangladeshi Support Centre (BSC) were awarded £9,750 towards Online Safety Awareness sessions for children and parents from BME communities.

Beneficiaries: 160
Cost per head: £60.94
Project area: Ipswich

The outcomes stated at application stage were:

- To increase awareness and understanding amongst BME parents of the potential dangers posed by going online for themselves and their children.
- To empower parents with a better understanding of how to use online safety tools and parental control tools.
- To improve communication between parents and children about online safety - This project will work with parents and their children so that they understand the purpose of talking regularly, rules about online activities and why they are needed etc.

The following were achieved in relation to the outcomes:

- Over 150 parents and children (aged 5-18) participated in online safety training, led by a qualified IT specialist, at Northgate High School, St Helens Primary School, BSC Supplementary School and Bangladeshi Community Centre.
- More than 40 young people feel safer using the internet.
- 40 young people are now able to understand what is legal and illegal online.
- 40 young people and their parents can check privacy settings on their devices.
- More than 50 parents are now able to use online safety tools to keep themselves and their children safe.
- More than 40 parents and children attended discussion sessions which included workshops using interactive resources, such as videos, group work and IT equipment.
- 20 BSC staff, trustees, volunteers and key influencers in the community are now well informed on online safety.

Within BME communities, there is little knowledge and understanding of online safety, particularly amongst those who are not fluent in English. When required, multilingual staff and volunteers translated the information (which is often provided in English) to ensure the online safety training was accessible and understood by all. To encourage parents and children to participate, BSC promoted the training by distributing flyers, pro-active outreach, social media and attending events, in order to explain the dangers of the internet and social media. Participants found the training useful, informative and empowering.

A case study demonstrating the impact of the project:

"Family B were a typical Asian family, with dad working long, unsociable hours and mum being a homemaker. Like most Asian families, mum wasn't as familiar or confident about using social media and online services as her children. Mrs B was worried and distressed as her two sons were going online all the time. When she heard that we were delivering training/workshops, she came forward, much to our delight. We recommended that she and her two sons attend our training to find out about the dangers of internet and how to stay safe online.

The two sons were initially reluctant to take part in the workshop as they thought they knew a lot about online services, but Mrs B persuaded them to come with her. As a result of the workshop, Mrs B and her two sons now have a better understanding of how to use the internet safely, including how to check privacy settings, understand what is legal and illegal and are also able to use online safety tools. What was most surprising was how little the children knew about online safety and security, such as secure and unsecure sites, dangers of posting personal information, and where to go for help if required.

Mrs B and her sons thoroughly enjoyed the workshops, especially as the sessions were interactive, which enabled them to ask questions or seek clarification. Most of the participants said they now feel much safer using the internet and, if required, they will use the privacy settings as well as the safety tools."

Feedback from Online Safety Evaluation Surveys:

- 28 children, 16 young people (aged 11+) and 51 parents/carers completed a survey, with 97% responding positively (strongly agreeing or agreeing) that the session was helpful.
- 86% of children and 96% of parents/carers strongly agreed or agreed that they learnt something new about being safe online, compared to only 55% of young people. The remainder of the young people who took part neither agreed or disagreed. Overall, 87% of participants gave a positive response, 11% a neutral response and 2% disagreed with the statement.
- All of the children know who to tell if something on the internet upsets them, and all but one know what to do about it.
- All of the children feel they are careful about what they share on the internet.
- All of the parents who answered will now be more careful about what they share online and will check their privacy settings.
- 96% of parents/carers felt more confident about helping their family stay safe on the internet following the session, with 4% neither agreeing or disagreeing.
- None of the parents disagreed or strongly disagreed with any of the statements on the survey.
- 15 out of 16 young people strongly agreed or agreed that they feel more confident about what to do and who to tell if something worries them online.
- 15 out of 16 young people will now be more careful what they share online, one gave a neutral response.

Friends of St Mary's CEVAP School

In February 2018, Friends of St Mary's CEVAP School were awarded £1,818 towards e-safety sessions for children, parents and teachers, and Digital Leaders training, a peer-to-peer e-safety programme.

Beneficiaries: 210
Cost per head: £8.66
Project area: Woodbridge
The outcomes stated at application stage were:

- Implement the 360 degree safe tool.
- 10 children from Years 5 and 6 will complete Childnet's Digital Leader training and become Digital Leaders.
- 80% of parents will be reached through this intervention with an increase in their understanding of how they can support their child to stay safe online.

The following were achieved in relation to the outcomes:

- An online safety group has been established, consisting of the Head (also the Designated Safeguarding Lead), the Safeguarding Governor, the Computing Lead, parents and children.

- The school was evaluated against all strands of the 360 degree safe tool and initially graded itself at level 4. With consultancy from Ian Piddington, who provided a clear framework of progression, they have been able to progress to level 2.
- The implementation of the 360 degree safe tool has also provided opportunities to meet with other practitioners regarding the tool to share best practice and resources, including Eyke Primary School, the Governors of Woodbridge Primary School, and Heather Hann, Head of St. Edmundsbury Diocesan Multi Academy Trust.
- All 10 children from Year 5 and 6 who started the Childnet Digital Leaders programme have now completed their training, and have begun activities, e.g. the delivery of Cyberbullying Assembly during Anti Bullying Week.
- Childnet delivered an Online Safety Training evening in September and the subsequent response to a further survey was overwhelmingly positive.
- 100% of parents received a ParentMail including PDFs of the information leaflets 'Supporting Young People Online' and 'Young People and Social Networking Services'.

The school community feel more confident about staying safe online and who to speak to about any concerns. The training encouraged a whole school re-evaluation of the delivery of PSHE, which has now been put in place at classroom level.

"In a small primary school, the work involved in the 360 Safe Evaluation Tool was overwhelming. There was fantastic consultancy support from Ian Piddington and the work itself was within the capabilities of staff. I feel the implementation of 360 Safe would work better and be more effective if the Multi Academy Trust or county worked as a whole."

The Digital Leaders programme gave children an opportunity to apply for roles of responsibility within the school. Children who are often not given opportunities to shine were able to apply themselves to the process and gain a real sense of achievement, acknowledgment and respect. Their hard work and dedication were recognised not only within the school, but also by the Head of the PCC and Childnet, both of whom used children's quotes in press releases. The whole process has allowed these children to grow in confidence and aspiration.

Evaluation of the impact of the Digital Leaders across the school:

Do you know who the Digital Leaders are and what they do?
Year 1 – *I don't know their names, but they were in assembly.*
Year 2 – *Yes, we could find them in the playground. They could help us.*
Year 3 – *Yes, if we're too scared to tell a teacher about cyberbullying, we could tell the DL and they'd help.*
Year 4 – *They help us if we are being cyberbullied and they could tell the teacher.*
Year 5 – *Yes, they have had training with you and now they do presentations and assemblies. They help us stay safe online by giving us advice and they did an assembly about cyberbullying.*
Year 6 – *Yes, if we have an issue online the DLs could hopefully solve it. We can go to them if we feel nervous, we can trust them.*

What do you understand by the term cyberbullying?
Year 1 – *Not sure.*
Year 2 – *Bullying online.*
Year 3 – *Somebody tries to bully you online. It can happen anytime because your phone could be on all the time. They might text you in the night or morning.*

Year 4 – It *could be sending horrible messages or making you upset on your phone or iPad. It can make you scared and worried.*
Year 5 – *Pretty much bullying online, anytime of the day, anywhere. It could be sending weird pictures, hacking accounts or sending horrible texts.*
Year 6 – *40% of UK crime comes through people being cyberbullied. People pretend to be your friend.*

How could you keep yourself safe online?
Year 1 – *No answer.*
Year 2 – *Don't send horrible messages.*
Year 3 – *You should not delete the message but tell the DL or an adult. You could also press the report button.*
Year 4 – *Lock the website and report it on the report button.*
Year 5 – *Save the message as proof and report it to an adult or the game maker.*
Year 6 – *You shouldn't pass on photos, names, address, bank details and be really careful on group chats.*

Guardian Saints Community Interest Company

In February 2018, Guardian Saints were awarded £10,000 towards an Online Safety Awareness and Education Programme for foster carers. However, only £3,308.71 was spent and the remaining £6,691.29 was returned.

Beneficiaries: 78 foster carers, though their families would have also benefitted indirectly
Cost per head: £42.42
Project area: Suffolk

The outcomes stated at application stage were:

- To provide online safety awareness and practical training to 625 foster carers in Suffolk (50% of all foster carers in Suffolk).
- To achieve 95% 'value for money' satisfaction rating from fostering services.
- 95% positive 'confidence and competence' rating from foster carers.

The following was achieved in relation to the outcomes:

- Between 24th May 2018 and 18th March 2019, 103 foster carers registered for training sessions, of whom 78 attended.
- The sessions and resources were all provided at no cost to the fostering services and have been considered value for money from their perspective with a positive outcome rating of 98.4% recorded, exceeding the target of 95%.
- On the completed feedback forms, question k specifically asks if participants feel more confident in keeping their family safe online. The result was 98.5% agreement, exceeding the target of 95%.

Guardian Saints only spent £3,308.71 on the project due to reduced operational costs, including greater use of volunteers and reduced venue hire rates, and self-funding equipment. They did not need to apply for the second tranche of the grant and were even able to return some of the first tranche.

At the end of each session, attendees were provided with resource booklets, webcam covers for their children in placement as extra/added digital protection and pens with advice on how to keep their devices secure. App leaflets such as Facebook, Instagram and Snapchat with security and privacy setting check lists were handed out.

A case study demonstrating the impact of the project:

"An attendee at a session we held for the Beccles support group communicated with us and others. They were pleased that we were able to offer the advice and guidance from a carer's perspective. Engagement has been very good with this individual, who suggested that the course should run for an entire day.

There are complexities with providing technical controls to provide boundaries around young people's access to online services and so our guidance of open and honest discussion was taken very well and should provide the carer with a route to building trust in the relationship they have with the young person in care.

Although our services are based on educating carers, the benefits follow through to young people as we discourage building excessive boundaries and concentrate more strongly on building relationships. Boundaries are an important tool, but discussion and building trust are more so."

Feedback from Online Safety Evaluation Surveys:

- 54 foster carers completed an Online Safety Evaluation Survey, all of whom enjoyed the session, found it helpful and would recommend it to other parents/carers.
- All participants felt more confident about where to find out more information about protecting their child online.
- All but one participant learnt something new about online safety.
- 96% strongly agreed or agreed that they would speak to their family about staying safe online after the session.
- 95% felt more confident about talking to their child about online safety and helping their family stay safe on the internet.
- 95% understood more about what us legal or illegal on the internet.
- 93% will now be more careful about what they share online and strongly agreed or agreed that they would check their privacy settings after the session.

Ipswich Community Media

In February 2018, Ipswich Community Media were awarded £9,910 to support young people with online safety.

Beneficiaries: 193
Cost per head: £51.35
Project area: Ipswich

The outcomes stated at application stage were:

- To provide awareness raising for 150 young people around digital safety.
- To provide awareness raising for 20 families around digital safety.
- To provide online safety training (including the Marie Collins Foundation 'THINK: Path to Protection' training package) for 20 members of staff/volunteers.

The following was achieved in relation to the outcomes:

- Through various approaches, ICM reached over 150 young people, aged 9-25, with online safety projects. The primary target groups were young people from the Whitehouse and Westgate Wards in Ipswich.
- Online safety awareness was raised through radio podcasts, short films, engaging lessons and assemblies. The sessions were adapted to each project to ensure they were relevant to the audience - for example, the girls' group, aged 13-20, created a radio show and posters which was effective at engaging this group.
- 95% of respondents now feel confident they would know what to do if faced with an online concern.
- 93% of respondents feel confident they know who to approach if they have an online concern. 95% of respondents gained knowledge about online safety and personal settings.
- 92% said they would be more careful with their online use.
- ICM worked directly with 23 Roma parents in the ESOL group, discussing online safety risks faced by their children and how to use parental restrictions. The parents were encouraged to ask their children about their internet use to improve communication within families about online safety.
- Over 20 staff and volunteers took part in internet safety training.
- There is now an Internet Safety Lead at South Street Studios.
- Years 5 and 6 at St Matthew's C of E Primary School and year 5 at Whitehouse Community Primary School received a visit from Suffolk Constabulary to learn about the legal implications of online activities such as cyberbullying.

A case study demonstrating the impact of the project:

"One of our beneficiaries has been accessing South Street for the last two years. A is supported weekly to create a radio show with one to one support due to having complex learning disabilities. About

halfway through the internet safety project, A's mum approached our appointed Internet Safety Lead due to having some serious concerns around A's internet use. His mum then went on to explain that he had been messaging different unknown people on the internet but recently there had been some exchange of nude photographs.

After having a conversation with A it transpired that one 'girl' in particular had pressured him to send a naked photograph but was now blackmailing him that if he didn't send them money that they would put the photograph online and send to his friends and family. After our Internet Safety Lead had a discussion with A, it was soon apparent that this was not in fact the first time that this had happened. This clearly had been causing both A and his mum a lot of stress and anxieties. Together we called the police who then came to take all the details and are looking into the accounts.

Although this was quite difficult for A to disclose, it was really important to then be able to talk openly about how to safely use the internet in future. The most surprising element to this 'story of change', was that although A's mum knew to let someone know what had happened, she was very resistant to contact the police as she didn't see the severity of the situation. If we had not had the funding, then these important conversations would not have been had and the incident would not have been reported. A and A's mum were not only supported during the reporting to police but also afterwards.

With the help of the project the knowledge and understanding of the dangers and implications of the internet for A and his family has been transformed and has given them tools to stay safe in the future."

Feedback from Online Safety Evaluation Surveys:

- 138 children and 10 young people (aged 11+) completed a survey.
- 87% of the children found the session helpful, with 9% giving a neutral response and 4% either disagreeing or strongly disagreeing.
- 75% of the children found the session fun, 18% neither agreed or disagreed and 7% gave a negative response.
- 95% of the children know what to do if something on the internet upsets them and 93% know who to tell.
- 94% of the children felt they are careful about what they share on the internet.
- 90% of the children felt they could help their friends stay safe on the internet.
- 9 of the 10 young people strongly agreed that the session was helpful, one disagreed.
- All the young people enjoyed the session and felt more confident about what to do if something worries them online.
- 9 young people learnt something new about online safety, one gave a neutral response.
- 9 young people now understand more about what is legal or illegal on the internet, one did not answer.
- 9 young people felt more confident about helping their friends stay safe on the internet, one did not answer.
- 9 young people felt they would now be more careful what they share online.
- 7 young people strongly agreed or agreed that they would check their privacy settings after the session, 2 young people neither agreed or disagreed and one did not answer.

Kernos Centre

In February 2018, Kernos Centre were awarded £10,291 to work in partnership with ten local primary schools to raise awareness and educate children and young people around online safety.

Beneficiaries: 720
Cost per head: £14.29
Project area: Sudbury, Great Cornard and the surrounding villages

The outcomes stated at application stage were:

- Children and young people will know how to use social media safely and will understand the dangers and the long-term effects of misuse, and not become victims of cyber abuse.
- Victims of this hidden abuse - the children, young people and their parents will be helped to cope with the immediate impact of the cyber abuse crime experienced, work through the resulting issues and recover from the harm caused.
- Schools involved will have the knowledge that their current year 5 and 6 pupils are less likely to be victims of cyber abuse, and that they have the tools to respond adequately to educate the following year 5s on how to stay safe online.

The following was achieved in relation to the outcomes:

- 24 workshops were provided in eight primary schools to years 4, 5 and 6, as well as some parents. The schools who took part were Woodhall Primary School, Tudor C of E Primary School, Wells Hall Primary School, Pot Kiln Primary School, St Gregory C of E Primary School, Great Waldingfield C of E VC Primary School, Lavenham Community Primary School and Acton CEVC Primary School.
- Two of the ten schools, Bures C of E VC Primary School and Saint Joseph's Roman Catholic Primary School, who had requested workshops dropped out when it came to booking in.
- Wells Hall Primary School, St Gregory C of E Primary School and Acton CEVC Primary School asked for extra workshops.
- 19 weekly counselling sessions were provided to those experiencing problems online or cyber abuse.
- Children and young people now know how to use social media safely and understand the dangers and how to stay safe to avoid becoming victims of cyber abuse.
- Children, young people and their parents have been helped to cope with the immediate impact of the cyber abuse crime experienced, supported through the resulting issues and helped to recover from the harm caused.
- Schools involved have the knowledge that their current year 4, 5 and 6 pupils are less likely to be victims of cyber abuse, and that they have the tools to respond adequately to educate the following year 5s on how to stay safe online.
- 30 parents attended parent workshops. The schools struggled to get parents involved but attendance records showed that more parents took part when their children were able to attend as well.

The children from school years 4, 5 and 6 were able to identify and agree steps they would take in order to be digitally safe. In the workshops, each class carefully considered and created clear family agreements, in their own words, which they shared at home with their parents/carers. Each agreement showed the actions they would or would not take in order to use social media safely. The agreements were signed by both child and parent so that even parents who had not shown much interest in digital safety were engaged.

"The feedback we had from the workshops you ran is that the children really enjoyed them, and they were a really good way of consolidating what the children already knew and raising the profile of e-safety and internet safety awareness in general. There were still discussions going on about it in the days after you had delivered it, so it had a lasting effect. We would be interested in workshops for Years 4 and 5 in the Autumn Term." – Headteacher, St Gregory Church of England Primary School

"I just wanted to send a little note to say thank you for the Online Safety workshops which were delivered by Madeline and Shalah. The children, and the parents who attended, got an awful lot from the session and, in my role as Online Safety Lead, it highlighted misconceptions which the children have - despite the regular Online Safety lessons we have in school. We would certainly be interested in running these sessions again if the opportunity arises." – Deputy Headteacher, Acton CEVC Primary School

"I am just emailing to thank you and your staff for providing the online safety training for our pupils. Our year 4 and year 5 pupils have benefitted from the sessions and have learnt some important and practical life lessons about how to protect themselves when online. We would be very interested in repeating this experience in the Autumn term should the opportunity arise." – Headteacher, Wells Hall Primary School

A case study demonstrating the impact of the project:

"This 13 year old male was referred back to me by his mother at the end of June 2019. I had previously seen him in early 2019 for anxiety and self-harm. His mother had referred him back to me as his father had been arrested by the police for contacting a 15 year old girl online. He had chosen to live with his father at this time, rather than with the mother and her boyfriend. He had been questioned by the police about his involvement in the situation. It would appear that he had provided his father with certain telephone numbers. He is now not allowed any contact with his father or his father's family until further notice. There has been a social worker appointment to help them.

He was very withdrawn and sad when he came to see me. He feels that no-one is letting him know what is going on and he misses his Dad and doesn't understand why he is not allowed to see him. Although the self-harming has not returned X is very anxious and isolated. He had been bullied at school and on social media. He has now had his mobile taken away by his mother as he has been looking at pornographic material.

He is not able to discuss his worries with his mother and is nervous of her boyfriend who can be angry with him a lot of the time. He comes to see me and knows he has a space where he can talk freely

about it all. *He is aware of his parent's arguments and often feels trapped in the middle. He is also now trapped at home, with no access to social media and not allowed out unless supervised by an adult. In our sessions, although he finds it difficult, I help him talk about his situation and try to make some sense of it. He certainly was not aware of all the dangers that social media can bring, so these sessions are an important way of checking that he is keeping himself safe."*

Feedback from Online Safety Evaluation Surveys:

- 514 children and 21 parents/carers completed a survey.
- 81% of the children found the session helpful, 16% gave a neutral response and 3% disagreed or strongly disagreed. All but one of the parents strongly agreed or agreed that the session was helpful.
- 66% of the children found the session fun, 36% neither agreed or disagreed and 8% gave a negative response. All the parents enjoyed the session.
- 71% of the children learnt something new about online safety, along with 90% of the parents/carers.
- 90% of the children strongly agreed or agreed that they are careful about what they share on the internet.
- 95% of the children know what to do if something on the internet upsets them and 96% know who to tell.
- 81% of children felt they could help their friends stay safe on the internet.
- All of the parents felt more confident about helping their family stay safe on the internet, and strongly agreed or agreed that they would speak to their family about staying safe online after the session.
- All but one parent felt more confident about talking to their child about online safety.
- All but one parent strongly agreed or agreed that they would check their privacy settings after the session.
- None of the parents disagreed or strongly disagreed with any of the statements.

Level Two Youth Project

In January 2018, Level Two Youth Project were awarded £5,875.48 to educate young people, parents, grandparents and carers in e-safety.

Beneficiaries: 250
Cost per head: £23.50
Project area: Felixstowe and Trimley

The outcomes stated at application stage were:

- Four qualified youth workers will be trained to deliver e-safety and will train 16 young people in how to deliver e-safety training to parents, grandparents, carers and other young people.
- 200 young people given information, advice and guidance on E-Safety.

- 50 young people demonstrate proficiency in E-Safety and put it into practice.

The following was achieved in relation to the outcomes:

- Four qualified youth workers were trained to deliver Safety Online principles by participating in an online course and attending a one day course. They identified 4 young people, aged 12-19, to train and upskill who shared their learning with other young people, parents and family members. It was difficult to find as many young people as hoped who were willing to become trainers themselves. This was due to a lack of confidence, particularly in presenting to larger audiences, as many of the young people are vulnerable.
- Through Open Access sessions, one-to-one mentoring and work in schools (assemblies and class input), over 200 young people, aged 10-16, were given up to date information, advice and guidance on keeping as safe as possible online.
- The schools who took part were Colneis Junior School, Causton Junior School, Grange Primary School, Kingsfleet Primary School, Trimley St Mary Primary School and Trimley St Martin Primary School. Langer Primary School opted not to engage as they felt they were covering the topic sufficiently themselves.
- 42 young people demonstrated proficiency in staying safe online, putting principles and skills they had learnt into practice.
- Parents were informed about privacy settings and the dangers of young people having access to computers and mobile devices in their bedrooms. They were encouraged, wherever possible, to have the main household computer in an open space. Much of the information for parents was provided electronically, through social media or literature sent home, so the organisation is unable to advise how many parents benefitted.

Young people increased their awareness of cyber bullying and the damaging effects this can have, as well as what is safe and respectful to say online, and the importance of talking to trusted adults. They realised the importance of protecting their identity, not sharing passwords and using privacy settings effectively. The training explained how much personal information is available online even when it seems secure. Young people became more aware of risks such as grooming, viruses and websites without a padlock image.

Online gaming is a big issue, with many young people being reluctant to follow e-safety advice and choosing not to take precautions, despite being well informed, because it restricts the progress they can make in online games. It is also addictive and can affect their sleep and progress at school.

Youth workers are now better informed and more confident to deliver activities upskilling young people, as a result of the training provided by this project. At the youth hub, there are now better systems in place for checking the history of use on the computers and games consoles.

A case study demonstrating the impact of the project:

"September 2018: AR, aged 16 years, was using social media apps meeting people online and meeting up in person, putting herself in dangerous situations. AR was referred to Level Two for mentoring. AR

was reluctant at first to discuss activities on social media but soon became comfortable to share. Parents met with Mentor and AR to share concerns; parents were given resources about online safety.

November 2018: AR expressed she feels lonely and isolated in her own life, which instigated the need to look online or use social media as a way of coping. AR felt this had become an addiction. The Mentor did an online safety quiz, which showed AR had little understanding about dangers of social media.

December 2018: AR was supported with exploring the dangers of meeting people online and in person. AR was still naïve about these and was continuing to meet people, however she was now being honest about it rather than lying.

February 2019: AR's appearance began to change - standing taller, head high, speaking to other staff when she came in for mentoring, more able to communicate her feelings with her parents. AR and Mentor watched online safety videos. AR was shocked at how easy it is for someone to find you, contact you and lie in order to meet you.

March 2019: AR and Mentor agreed on targets to decrease use of social media. AR changed some privacy settings and deleted one app.
May 2019: AR had deleted all apps but two and had changed privacy settings. AR was not actively seeking to find new people online, but only speaking to those she already had as friends on the app. AR had not met up with anyone she didn't know since end of January.

To date: Continued support from Mentor. AR is still not meeting up with people she doesn't know, has kept to strict privacy settings and thinks more about the content of her posts. AR now has a part time job, is less isolated and continues to speak with her parents about her feelings. Mentoring will most likely come to a close in September."

Porch Project

In April 2018, Porch Project were awarded £5,040 to deliver online safety workshops at schools and drop in sessions.

Beneficiaries: 240
Cost per head: £21.00
Project area: Hadleigh and Great Cornard

The outcomes stated at application stage were:

- To work to raise awareness by early intervention at age 11. Delivering workshops in primary schools to engage with the next cohort of youngsters.
- To raise awareness and advice for parents. Engage with and run workshops for parents of local young people as well as creating or utilising an online tool or platform for support and advice.

- To create and deliver dynamic and fun workshops for secondary school age young people at local high schools and existing drop-in sessions.

The following was achieved in relation to the outcomes:

- Year 6 children, aged 11, at Wells Hall Primary School in Great Cornard received a full day on internet safety and, through 8 sessions, explored how to be aware of potential dangers online.
- Although Porch Project usually work with 11-19 year olds, the school found it so beneficial, that they specifically asked for the workshops to be delivered to their year 5 children, aged 10. The school felt it would be a great early intervention tool, and a form of prevention for those who may have not had as much access to the internet as the year 6 children, so the year 5 children also received a full day on internet safety.
- The Youth Work Coordinator, who was supposed to design and implement the programme, left the charity leaving only two full time members of staff. The sessions were therefore designed and delivered later than planned as they had to work around ongoing commitments, resulting in two high schools who had shown an initial interest being unable to fit the workshops into their calendars. This delay also meant that Porch Project were unable to run workshops for parents.
- Each parent received a detailed and thorough parent pack, which outlined all the sessions in case they wanted to ask their children questions about the discussed topics. Alongside the session information, each topic had specific support and helpline numbers for parents to use and access if any issues arise around online safety and they need advice.

This grant enabled Porch Project to reach 120 young people (240 including their parents) and increase their knowledge of online safety. Around 95% of them admitted that they use the internet every day, and although some were aware of the dangers, there was a large number who did not have prior knowledge about who can access information, how much you share, who you're sharing it with and what an impact things like cyberbullying can have on young people. The aim of the sessions was not to frighten the children but to gently allow them to explore the ideas of strangers online, how they need to be careful who they're talking to and what they choose to share. Throughout both days, the children shared their experiences around being safe online, and in the seventh session about critical thinking, their mindsets around being safer on the internet began to change. Through videos, discussions and physical activities, all the sessions allowed for thought provoking discussions while making them fun to keep the children engaged.

Porch Project have since been awarded a further grant of £6,000 to provide Stay Safe Online days to Hadleigh Community Primary School, Beaumont Primary School, St Mary's School and Pot Kiln School, Hadleigh High School and Thomas Gainsborough High School in Hadleigh and Cornard. They will also use the funding to deliver online safety sessions at Crucial Crew 2020, a project run by The Mix in Stowmarket.

1. How much did you know about Internet safety before today?
   (1 being nothing 10 being lots, circle your answer)

   0 1 2 3 4 5 (6) 7 8 9 10

2. Which session was your favourite and why?

   My favourite session was session 8 because we noticed just how much I used my phone on TV.

3. Write 3 things you've learnt from today?

   I learnt that if u do you delete somithing its not gone from online that self asteem can be put down by socity. & what we put one online can help us with future jobs.

4. What is 1 thing you're now going to try and do or change after today?

   I am going to play outside more than I play online and cut down my screen time.

5. How much do you feel you know now about Internet safety?
   (1 being nothing 10 being lots, circle your answer)

   0 1 2 3 4 5 6 7 8 (9) 10

6. Is there anything else you would have liked us to have spoken about?

   Comments I would have liked to speek about things that can help you cut your screen time.

   Thank you!

A case study demonstrating the impact of the project:

"It is difficult to identify one personal story of change due to the sessions being delivered to large numbers of children at once. However, what became apparent was that throughout both days, a large number of children would contribute to discussions adding examples of where they recognised immediately, situations in which they have not been safe online and that what we had said had prompted them to think about how to change that.

Before we broke for a lunch break and at the end of both days, we had children approaching us asking what to do in certain situations and we were able to tend to their needs at the time. This meant we could feed back to the teacher straight away to get it dealt with, provide them with tips to help their situation or encourage them to involve parents to discuss their security settings to make sure they were being as safe as they could be. This, we feel, is an incredibly effective way of delivering these sessions because the children can access direct support from us there and then, but also be equipped

with helplines and strategies moving forward to ensure that they are aware of their actions on the internet and the consequences of not being safe online."

South West Grid for Learning Trust Ltd

In March 2018, South West Grid of Learning Trust Ltd were awarded £10,000 to promote the use of the 360 degree safe tool among schools in Suffolk. The 360 degree safe tool is an online safety self-review tool for schools, assisting them in reviewing online safety policies and developing good practice. Schools progress through 28 aspects of online safety, with the aim of applying for the Online Safety Mark when good practice has been achieved.

Beneficiaries: 6,000
Cost per head: £1.67
Project area: Suffolk

The outcomes stated at application stage were:

- To increase the proportion of Suffolk schools using the 360 degree safe tool from 40% to at least 60% and the proportion of registered schools using the tool in the previous 12 months from 20% to 40%.
- For at least 5 Suffolk schools to have obtained the Online Safety Mark Award - currently there are none.
- To have established a group of 'Online Safety Champions' and good practice schools who are able to promote good online safety practice and provide support after the end of the grant supported programme.

The following was achieved in relation to the outcomes:

- 34% of Suffolk schools are now registered to use the 360 degree safe tool compared to 23% before the project.
- 76% of the registered schools have used the tool, with 45% completing all 28 aspects which is above the national average.
- 34% of the registered schools have used the tool in the last 12 months, up from 20%. Although the target was 40%, the national average is just over 20% and Suffolk schools are well above this.
- There are now two Online Safety Mark Assessors in Suffolk. A second assessor was trained as they are unable to both support and assess a school.
- 23 schools were visited by an Online Safety Mark Assessor to provide support with using the 360 degree safe tool and improving their online safety provision, though 3 of these schools were a Federation – an increase on the 17 schools expected. The schools visited were New Cangle Primary School, Rendlesham Primary School, Worlingham C of E VC Primary School, Kessingland C of E VC Primary School, The Association of Brampton, Bramfield and Ringsfield Schools, St Mary's Primary School (Woodbridge), Tollgate Primary School, Hintlesham and

Chattisham Primary School, All Saints CEVA (Newmarket), Eyke C of E VC Primary School, St Mary's C of E (Hadleigh), Crawford's C of E VC Primary School, St Mary's C of E Academy, Focus School (Stoke by Nayland), St Matthew's C of E VA Primary School, Wetheringsett VC Primary School, Rushmere Hall Primary School, St Edmund's Catholic Primary School, Sandlings Primary School, Exning Primary School and Ormiston Denes Academy.

- Of the schools visited, an average of 21.24 aspects, of the 28 possible, were completed per school as of July 2019.
- Five Suffolk schools now hold the Online Safety Mark Award, of which three are a Federation and only required one assessment. The schools holding the award are The Association of Brampton, Bramfield and Ringsfield Schools, Ormiston Denes Academy and Royal Hospital School (Ipswich).
- A group of 12 Online Safety Champions has been established to promote good online safety practice and provide support after the end of the grant supported programme. They received a day of expert training in November 2018 and will meet again in the Autumn Term 2019.

An extract from the Online Safety Mark Assessor Report for The Association of Brampton, Bramfield and Ringsfield Schools:

"The Online Safety Lead (OSL), with the support of the Executive Headteacher, has taken effective ownership of the Association's approach to online safety and has been methodical in engaging with the OSM tool. The commentary provided on the OSM tool is comprehensive and all elements reach the OSM accreditation level. The policies, centralised at Association level, are comprehensive in scope. Teachers from each school have the opportunity to feed into policy development at staff meetings and the policies are approved and reviewed by SLT and governors. Our discussions with governors evidenced their engagement with online safety as did the online safety monitoring visits they had carried out via pupil questionnaires. There is a clear understanding of the links with the wider safeguarding picture. There is an online safety group in place that comprises the OSL, governors and digital leaders that promotes safe online behaviours and works as an effective communication forum between key stakeholders."

"Pupils showed a good understanding of the expectations that were placed upon them and their responsibility to behave appropriately online. In all three schools, pupils spoke of what they would do if they were concerned about inappropriate online behaviour. There are clear routines and systems for reporting and managing any online safety incidents. Predominantly this is through a personal contact with a trusted member of staff, parent or adult and then reported up through safeguarding channels. Pupils spoke of lessons taking place in PSHE and computing that referenced online safety and whole school assemblies and initiatives by the digital leaders (e.g. displays and pupil-led assemblies) that reinforced the core messages."

Feedback from schools:

"At the end of last academic year we completed a successful inspection by SWGfL and were accredited with the 360 Safe Online Safety award. We were told we were the first State High School in Suffolk and now only one of three schools in the county to hold this accreditation. Having been working closely with the other members of the Online Safety Team for the several years, working towards the award,

we were absolutely thrilled to achieve this exciting award. Before the inspection we benefited from a visit to assess our progress and current position. I believe that this visit was funded by yourself. This visit was extremely useful in our final preparations before inspection." – Duncan Kilford, a member of the ICT Support Team and Online Safety Team at Ormiston Denes Academy in Lowestoft.

"Hamish was very knowledgeable and passionate about online safety, and had the background to back this up with real world examples and practical advice. We are fairly good with online safety, but I came away from the meeting with a set of new ideas and best ways forward."

"This was a really valuable experience and has made the accreditation process feel less daunting. We would like to proceed to 360 accreditation, if the school budget allows."

"Very practical and useful advice that the school can act upon straight away as well as longer term, achievable targets."

Suffolk Refugee Support

In February 2018, Suffolk Refugee Support were awarded £7,035 to support asylum seekers and refugees with keeping safe online.

Beneficiaries: 142
Cost per head: £49.54
Project area: Ipswich

The outcomes stated at application stage were:

- At least 50 refugee parents will report that they are more aware and better skilled to protect their children against online dangers.
- At least 30 young refugees (aged 15-18) will report improvements in their ability to avoid negative online activity.
- At least 15 unaccompanied asylum seeking children (UASC) will have used the ZAK training tool for becoming aware of the dangers of being radicalised online and will understand these dangers and how to avoid them.

The following was achieved in relation to the outcomes:

- 25 women received online safety training in the International Women's Group.
- 4 ESOL classes, consisting of approximately 8 students per class, took part in online safety training.
- The Friends Group and the Resettlement Group, made up of 25 attendees in total, were also visited by the online safety trainer.
- 2 parent and child online safety sessions were attended by 6 parents and 13 primary school aged children.

- 70 webcam covers were given out.
- 30 young refugees received advice on online safety.
- 3 staff members attended the ZAK training at the University of Kent, but unfortunately the level of English used in the programme was too high for young refugees to manage so it could not be used.
- Information on the process of radicalisation from the ZAK training was cascaded to other staff in a team meeting.
- 8 UASC attended sessions on avoiding radicalisation.

Suffolk Refugee Support held parent and child sessions around online safety. The pirate themed sessions were fun and engaging for the children, who made treasure chests to store the treasure they received for answering questions about online safety correctly. Discussing the topic together encouraged transparency between the parents and children around internet use.

"One refugee mother stated she now understands about the dangers of her children playing on her mobile phone and has learnt to set the safety settings to prevent them accessing inappropriate content."

Puppetry workshops were used to relay online safety information in the International Women's Group to avoid language being an obstacle. The women made their own puppets, listened to a talk around online safety and watched a short puppet performance. The session focused on online vulnerability of both the women and their children, the dangers of grooming and radicalisation, and how to access support.

"One client approached me afterwards and said she had been experiencing unwanted emails of an upsetting nature and she felt so relieved to now know she could report this and seek help."

Webcam cover cards were printed and given out to clients with children along with five changes they could make to protect their children online, such as not giving out personal information, covering the webcam (with the cover provided) and using child friendly search engines. These were also given to 16-18 year olds at the homework club. A second version of the covers, based around checking privacy settings, were given out to clients without children. The cards also explained how to report online abuse on 'Thinkuknow'.

Volunteering Matters

In March 2018, Volunteering Matters were awarded £16,446 to deliver online safety sessions with year 5 and 6 children in 6 primary schools within Ipswich.

Beneficiaries: 1,238
Cost per head: £13.28
Project area: Ipswich

The outcomes stated at application stage were:

- 90% of the year 5 and 6 children involved will have an increased awareness of online risks, a greater understanding of how to keep safe online and where to go for support.
- 90% of the parents involved will have an increased awareness of online risks, a greater understanding of how to keep their children safe online and where to go for further information and support.
- 70% of these children and 70% of their parents will have made changes to their behaviour to increase children's online safety.

The following was achieved in relation to the outcomes:

- Volunteering Matters delivered 22 online safety programmes to 600 primary school children and 42 school staff across 6 wards - Westgate, St John's, Rushmere, Gipping, Gainsborough and Bridge.
- The six week programmes used images, videos and drama to explore the dangers children can face online. Children created various resources, such as posters, poems and presentations, which were shared with parents to inform them about online safety.
- The schools that took part were Handford Hall Primary School, Rushmere Hall Primary School, The Oaks Primary School, Britannia Primary School, Sidegate Primary School and Morland CEVA Primary School.
- Following the workshops, children were able to name services they can access for support.
- Teachers advised that children were more confident to discuss online safety as a result of the project.
- 196 parents, volunteers and school staff benefitted from the programme and drama presentations.
- 90% of parents felt more confident about where to go for support. Parents found the input from Suffolk Police informative and helpful, especially about the legalities and age ratings of apps/games. The presentations helped parents understand the risks children face when they are online and how easily children can access inappropriate content or meet strangers they have been talking to online.
- Over 90% of parents said they felt more confident about how to keep their children safe online and where to access information to protect their children online.
- Over 80% of parents said they would be more careful about what they share online.
- Over 80% of parents said they would check their privacy settings after the session.

- Over 70% of children said they would check age ratings for apps and games they use, make changes to their privacy settings and only talk to people they know in the real world.
- An additional 400 parents benefitted from the materials produced.

"One child who was particularly shy at the beginning, began to feel more confident and on week 4 started to write information in Portuguese about internet safety to share with parents at the presentation."

As an unexpected result of the project, a mini youth social action group of 7 to 17 year olds was formed. They started a Stop Cyberbullying campaign and developed a toolkit to be used in schools, which included images highlighting the online risks faced by children.

A case study demonstrating the impact of the project:

"R is a female aged 11 years old, from a low socio economic background. She scores more than two Adverse Childhood Experiences, has English as an additional language, lives in a deprived area of Ipswich and attends a school where most children have English as an additional language. R took part in our KEO Stay Safe Online programme, during one of our sessions she stated that she uses the internet to access dating websites. Before taking part in the programme, R was unaware of the many dangers she could face online and even more so by using these websites/apps. After completing the workshop, R understood the dangers and how easily children can be groomed or face abuse online and was determined to be more cautious online and not use dating websites."

Feedback from Online Safety Evaluation Surveys:

- 117 children, 217 young people (aged 11+) and 139 parents/carers completed a survey.

- 85% of the children, 79% of the young people and 96% of parents/carers found the session helpful.
- 75% of the children, 73% of the young people and 91% of parents/carers learnt something new about online safety.
- 94% of the children know what to do if something upsets them online and 93% know who to tell.
- 95% of the children felt they are careful about what they share on the internet.
- 78% of the young people felt they would now be more careful what about what they share online.
- 71% of the young people felt more confident about what to do if something worries them online, 28% gave a neutral response and 11% disagreed or strongly disagreed.
- Only 61% of the young people strongly agreed or agreed that they would check their privacy settings after the sessions, compared to 92% of parents/carers.
- 91% of parents/carers felt more confident about helping their family stay safe on the internet.
- 95% of parents/carers strongly agreed or agreed that the sessions made them feel more confident about talking to their child about online safety.

Online Safety Evaluation Surveys

Three Online Safety Evaluation Surveys were provided to the organisations in order to obtain **feedback from participants** – one for **children**, one for **young people (aged 11+)** and one for **parents and carers**. Of the 11 organisations who were awarded grants in December 2017, **six organisations used the Online Safety Evaluation Surveys** provided - Guardian Saints, Ipswich Community Media, Volunteering Matters, Kernos Centre, Bangladeshi Support Centre and Access Community Trust.

Children

Ipswich Community Media, Volunteering Matters, Kernos Centre, Bangladeshi Support Centre and Access Community Trust collected feedback from a total of **1,149 children** using the Online Safety Evaluation Surveys. Overall, the surveys received from children showed:

The session was helpful

- 41% Strongly agree
- 45% Agree
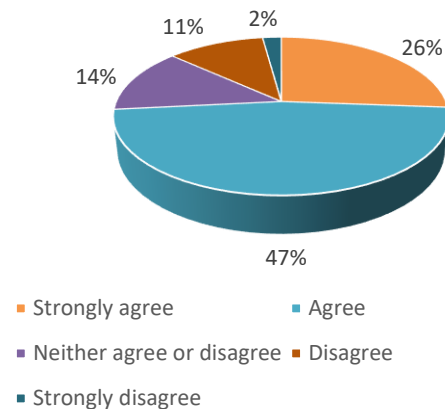- 12% Neither agree or disagree
- 1% Disagree
- 1% Strongly disagree

The session was fun

2%
4%
18%
34%
42%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree
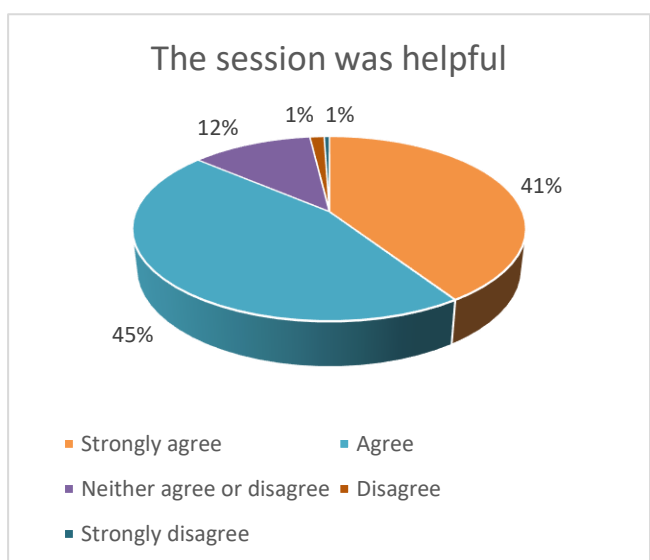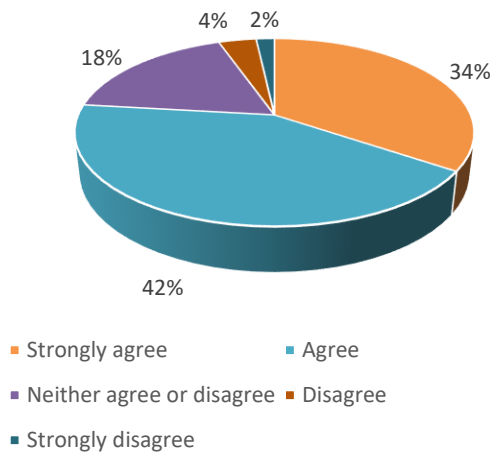
I learned something new about being safe online

3%
8%
14%
39%
36%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I know what to do if something on the internet upsets me

1% 1%
4%
28%
66%
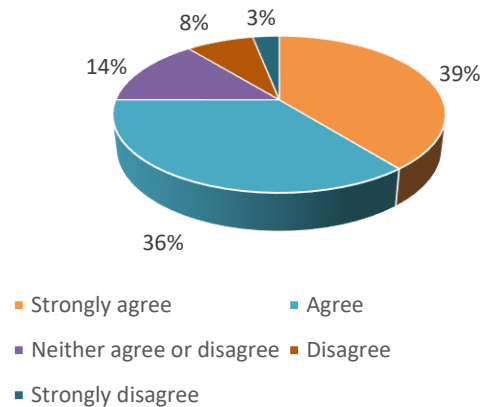
- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree
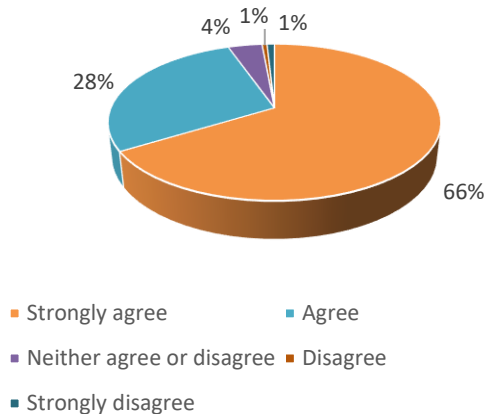
I am careful about what I share on the internet

1% 1%
6%
29%
63%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I know who to tell if something on the internet upsets me

1% 1%
3%
29%
66%
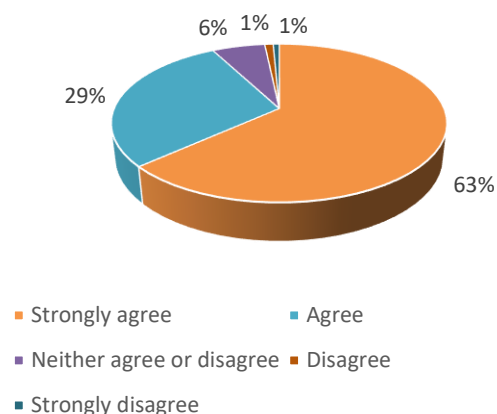
- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree
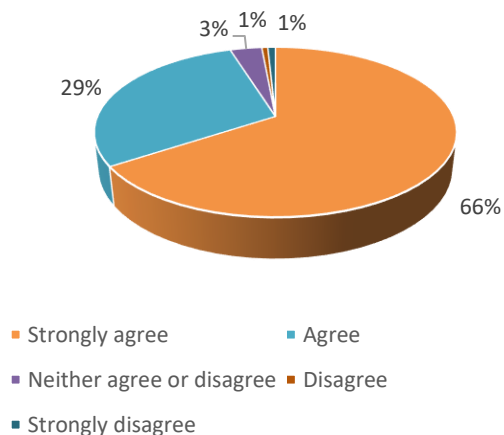
I can help my friends stay safe on the internet

1%
3%
12%
51%
33%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree
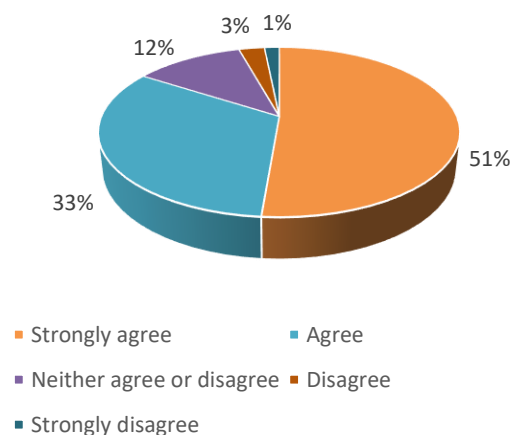
The survey results show that, for children, the Online Safety sessions provided by Bangladeshi Support Centre were scored highest in terms of helpfulness (96%) and learning something new about being safe online (86%). The project run by Kernos Centre scored lowest against these statements, with 81% of children answering that the session was helpful and 71% answering that they learnt something new about being safe online. However, this is still an excellent result against the previous knowledge.

Percentage of children who strongly agreed or agreed that the session was helpful

Percentage of children who strongly agreed or agreed that they learnt something new about being safe online
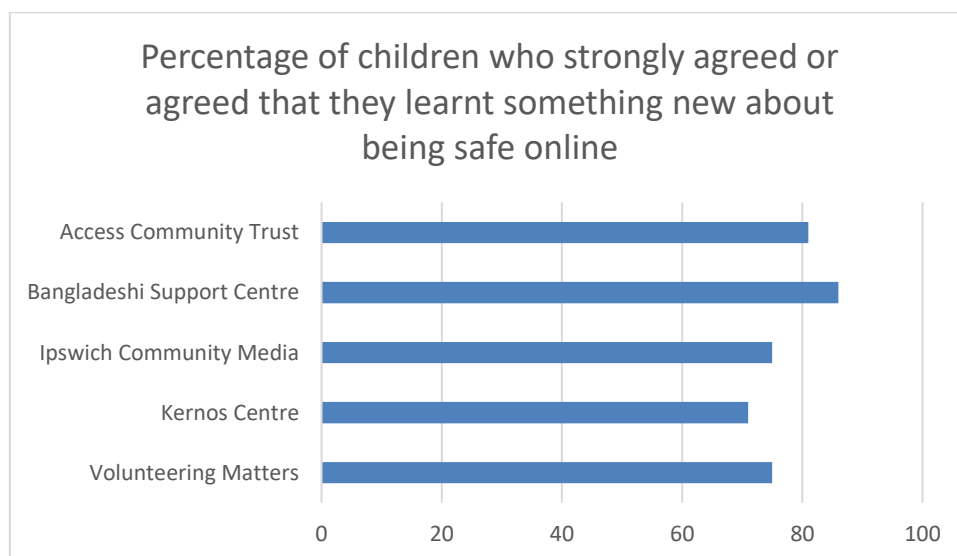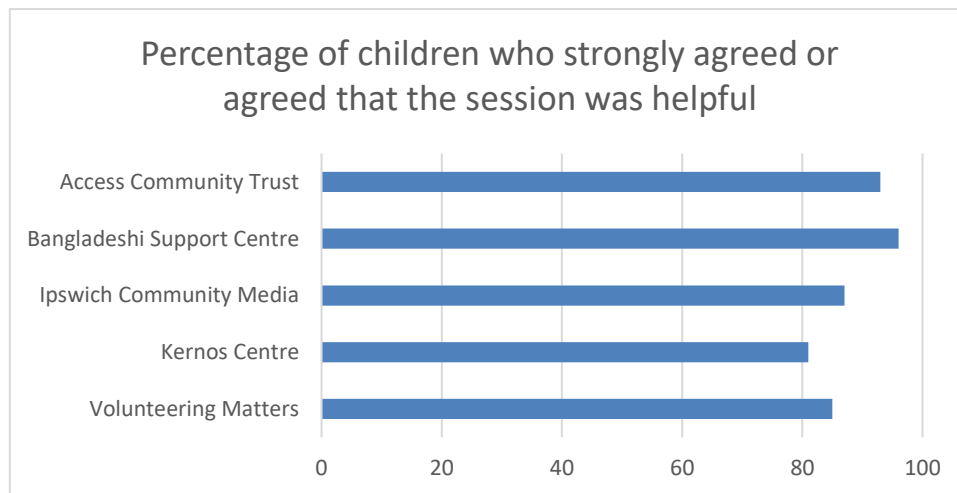
Young people (aged 11+)

Ipswich Community Media, Volunteering Matters and Bangladeshi Support Centre collected feedback from a total of **243 young people**, aged 11+, using the Online Safety Evaluation Surveys. Overall, the surveys received from young people showed:

The session was helpful
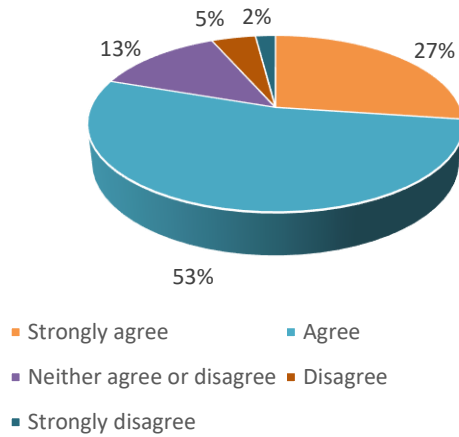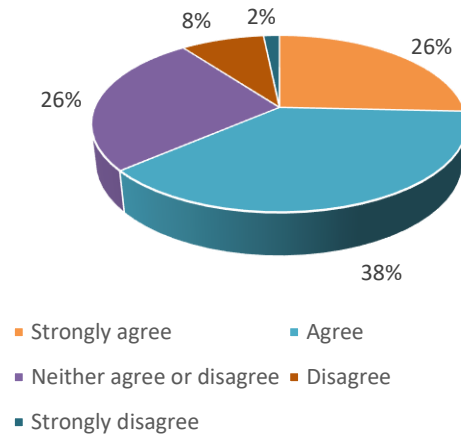
5% 2%
13%
27%
53%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I enjoyed the session

8% 2%
26%
26%
38%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

The session made me feel more confident about online safety

3% 4%
26%
28%
39%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I learnt something new about online safety

11% 2%
14%
26%
47%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

The session made me feel more confident about what to do if something worries me online

6% 4%
16%
38%
36%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I will now be more careful about what I share online

3% 3%
14%
47%
33%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree
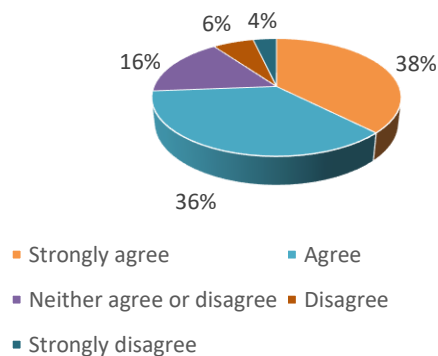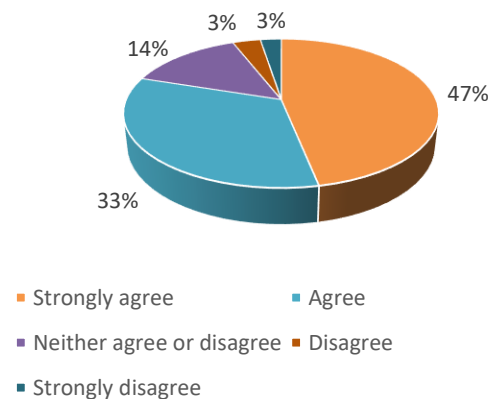
The session made me feel more confident about who to tell if something worries me online
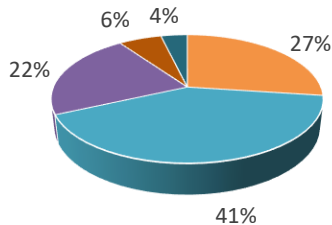
4%
6%
22%
27%
41%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

After the session I might speak to someone in my family about staying safe online
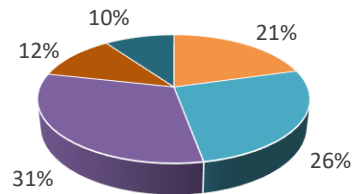
10%
12%
21%
31%
26%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

After the session I will check my privacy settings

8%
11%
19%
28%
34%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I now understand more about what is legal or illegal on the internet

4%
6%
10%
46%
34%
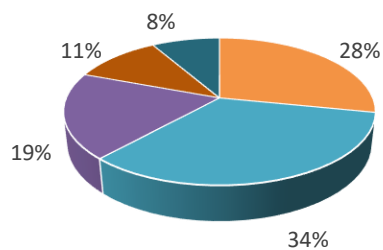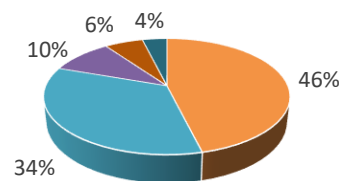
- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

The session made me feel more confident about helping my friends stay safe on the internet

4%
6%
19%
35%
36%
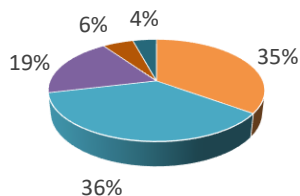
- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

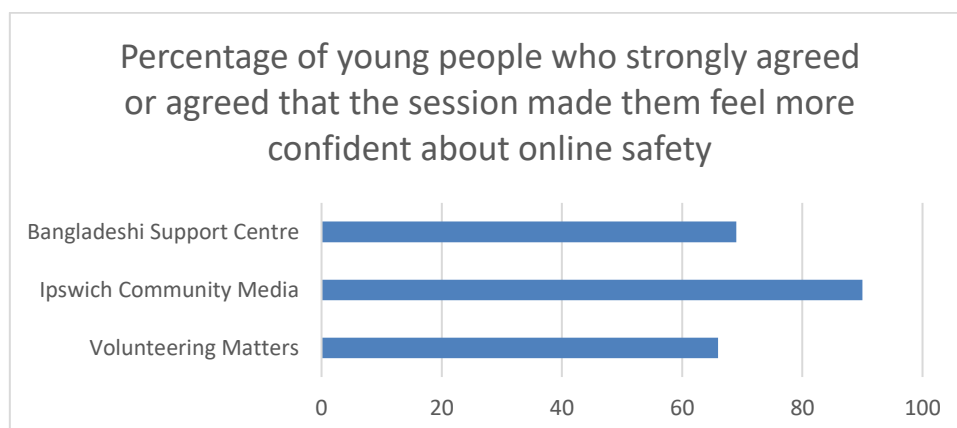## I have a better idea about what is legally allowed online
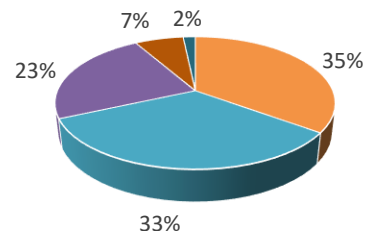
2%
7%
23%
35%
33%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

The survey results show that the Online Safety sessions provided by Ipswich Community Media were scored highest in terms of helpfulness (90%) by young people. The project run by Volunteering Matters scored lowest against this statement, with 79% of young people answering that the session was helpful.

Percentage of young people who strongly agreed or agreed that the session was helpful

Organisation	Percentage
Bangladeshi Support Centre	~88
Ipswich Community Media	~90
Volunteering Matters	~79
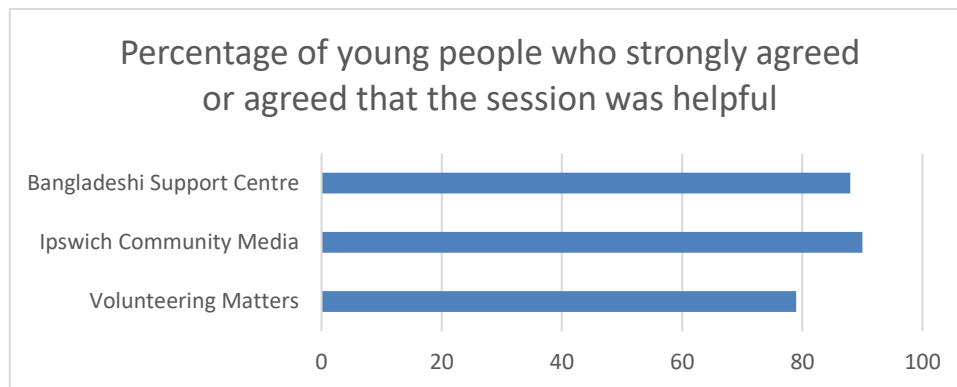
The project run by Ipswich Community Media resulted in the highest percentage (90%) of young people feeling more confident about online safety. Bangladeshi Support Centre and Volunteering Matters scored much lower (69% and 66%), however most of the young people who did not give a positive response to the statement gave a neutral response instead. It is possible that some of the young people who neither agreed or disagreed already felt confident about online safety before the session.

Percentage of young people who strongly agreed or agreed that the session made them feel more confident about online safety

| Organisation	Percentage
Bangladeshi Support Centre	~69
Ipswich Community Media	~90
Volunteering Matters	~66

Parents/carers

Guardian Saints, Kernos Centre, Volunteering Matters and Bangladeshi Support Centre collected feedback from a total of **258 parents and carers** using the Online Safety Evaluation Surveys. Most of the surveys were missing the statement 'I would recommend the sessions to other parents/carers', but all the 54 responses received were positive. Overall, the surveys received from parents and carers showed:
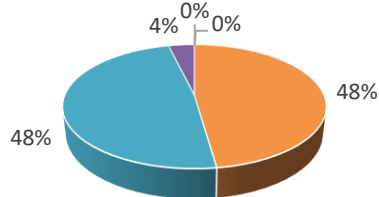
The session was helpful
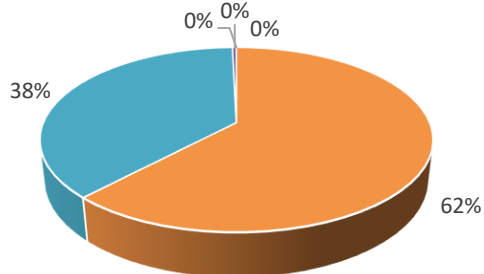
0% 0% 0%
38%
62%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree
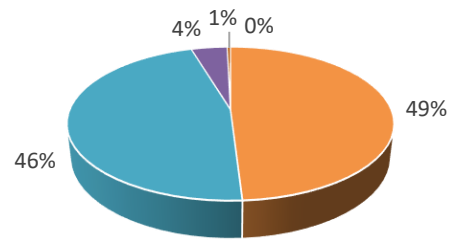
I enjoyed the session

0% 0% 0%
46%
54%
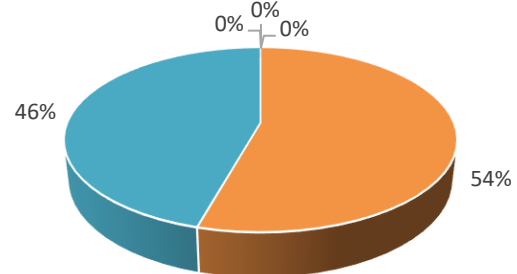
- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

The session made me feel more confident about talking to my child about online safety
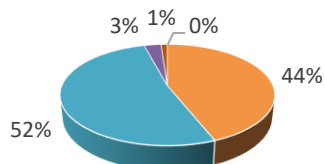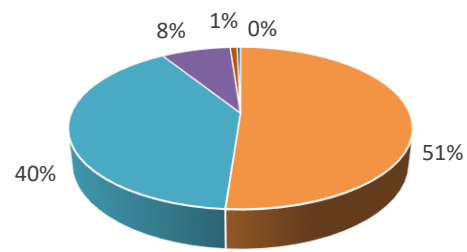
4% 0% 0%
48%
48%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I learnt something new about online safety

4% 1% 0%
46%
49%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

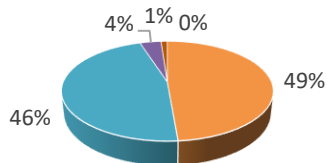## The session made me feel more confident about what to do if I am concerned about my child online

3% 1% 0%
52%
44%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

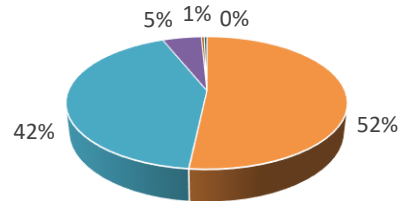## I will now be more careful about what I share online

8% 1% 0%
40%
51%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

The session made me feel more confident about where to find out more information about protecting my child online
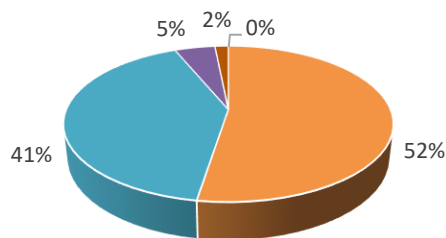
4% 1% 0%
49%
46%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

## After the session I will speak to my family about staying safe online

5% 1% 0%
52%
42%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

After the session I will check my privacy settings
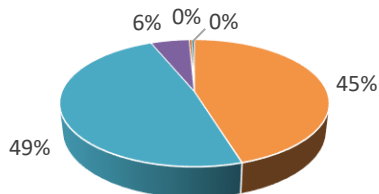
5% 2% 0%
52%
41%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I now understand more about what is legal or illegal on the internet
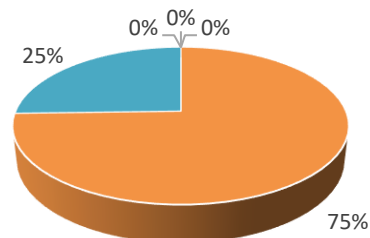
7% 1% 1%
32%
59%
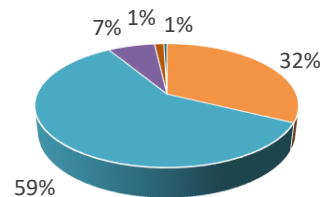
- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

The session made me feel more confident about helping my family stay safe on the internet

6% 0% 0%
45%
49%
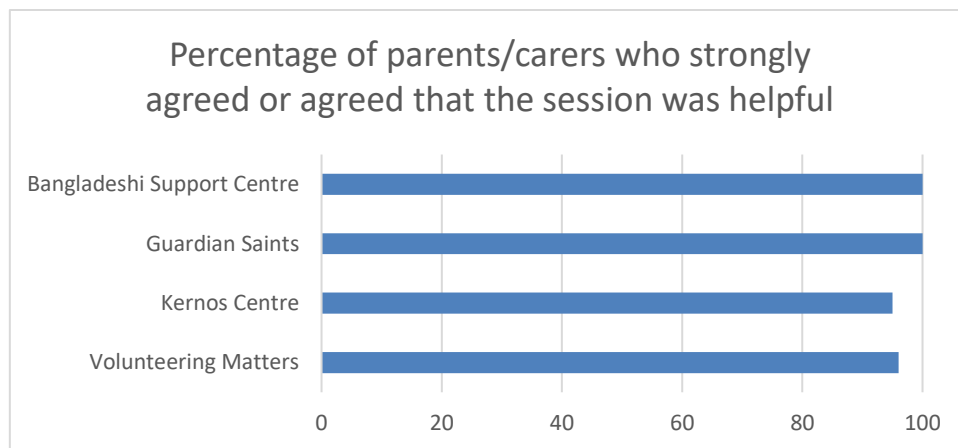
- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

I would recommend the session to other parents/carers

0% 0% 0%
25%
75%

- Strongly agree
- Agree
- Neither agree or disagree
- Disagree
- Strongly disagree

The survey results show that the Online Safety sessions provided by Bangladeshi Support Centre and Guardian Saints were scored highest in terms of helpfulness by parents and carers, with 100% strongly agreeing or agreeing that the session was helpful. In the survey results from Kernos Centre and Volunteering Matters, the parents and carers who did not strongly agree or agree had all given a neutral response – no parents and carers disagreed with the statement.

Percentage of parents/carers who strongly agreed or agreed that the session was helpful

Organisation	Percentage
Bangladeshi Support Centre	100
Guardian Saints	100
Kernos Centre	~95
Volunteering Matters	~96

Guardian Saints had the largest percentage (98%) of parents and carers who strongly agreed or agreed that they learnt something new about online safety. All the participants who attended a session run by Guardian Saints were foster carers.

Percentage of parents/carers who strongly agreed or agreed that they learnt something new about being safe online

Organisation	Percentage
Bangladeshi Support Centre	~96
Guardian Saints	~98
Kernos Centre	~90
Volunteering Matters	~91
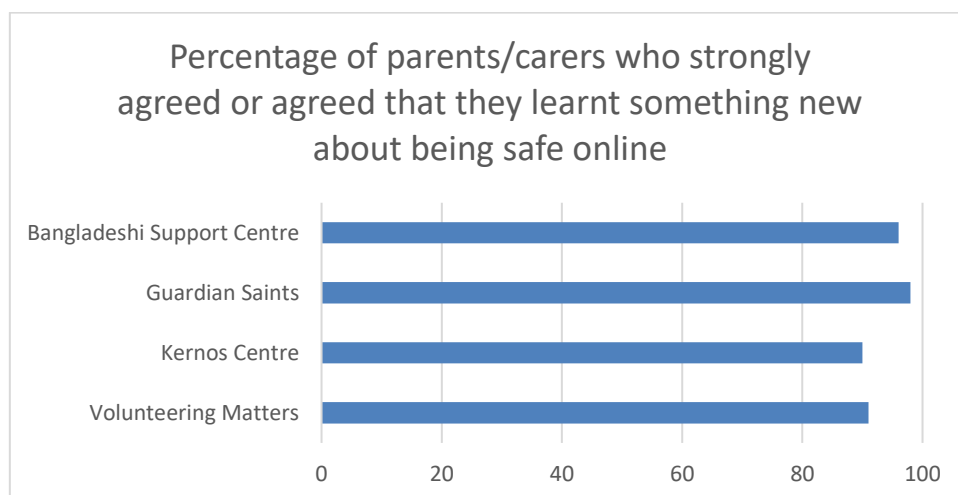
All of the parents and carers who completed a survey following an Online Safety session run by Kernos Centre felt more confident helping their family stay safe on the internet. Volunteering Matters was the only organisation in which parents and carers gave a negative response to this statement, however, this was only two participants out of the 139 who completed a survey.

Percentage of parents/carers who strongly agreed or agreed that they feel more confident helping their family stay safe on the internet
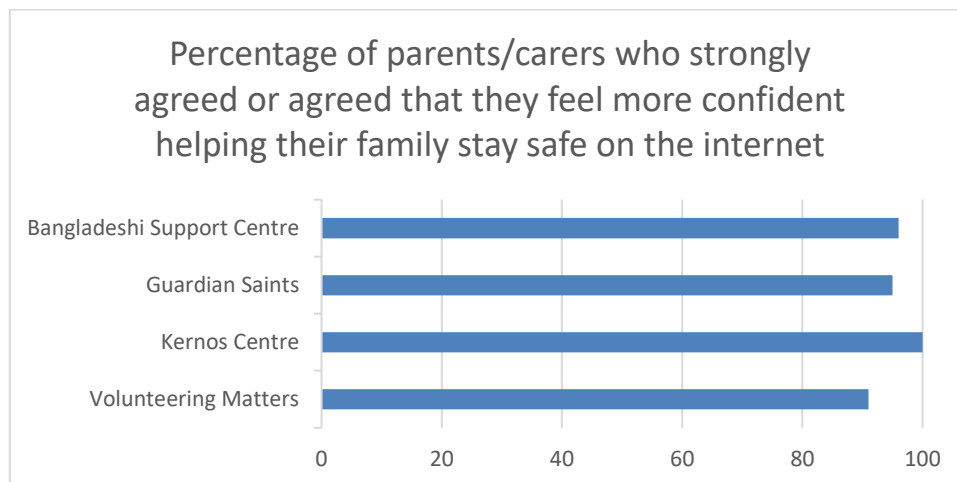
Overall survey results

Overall, approximately **1,650 participants** completed one of the three Online Safety Evaluation Surveys, of which **42% strongly agreed and 45% agreed that the session they had attended was helpful**. Over 99% of parents/carers found the sessions helpful, compared with 86% of children and 80% of young people. Of the participants who completed an Online Safety Evaluation Survey, **95% of parents, 75% of children and 73% of young people learnt something new about online safety** as a result of the projects. Young people disagreed or strongly disagreed with the statements more often than children or parents and carers, but this could partly be down to young people having more knowledge about online safety before taking part in the projects.

Summary

Overall, **the fund distributed £96,575.19** in grant awards. The **total project costs were £138,276.48**, therefore an additional £41,701.29 was added to the funding. After removing the additional grants to the Marie Collins Foundation and Porch Project, which has not yet finished, the true **cost per head is £12.76** for the grants awarded in December 2017. This is **excellent value for money** as the reach to families in Suffolk is huge and **information learnt can now be shared**. In addition, **84 volunteers** supported the project.