

**ORIGINATOR: POLICY OFFICER (LH)**

**DECISION NO.** 20-2018

**REASON FOR SUBMISSION: FOR DECISION**

**SUBMITTED TO: POLICE AND CRIME COMMISSIONER**

**SUBJECT: SURVIVORS IN TRANSITION: GRANT TO  
SUPPORT VICTIMS OF CHILDHOOD SEXUAL  
ABUSE**

**SUMMARY:**

1. The Police and Crime Commissioner can commission services that:
  - a) secure, or contribute to securing, crime and disorder reduction in Suffolk;
  - b) are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour.
 This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014. In applying this provision, the PCC will ensure that the services commissioned are also consistent with the Suffolk Police and Crime Plan 2017 – 2021.
2. This report seeks approval to award a grant to Survivors in Transition for the amount of £60,000 to provide services to victims of sexual abuse.
3. The funding will support the Police and Crime Plan by directly addressing Objective 3, Action 9 in the action plan, to ensure the provision of high quality services to victims of sexual abuse.

**RECOMMENDATION:**

1. It is recommended that the PCC approves a grant of £60,000 for the period 1 April 2018 to 31 March 2019 to offer services to victims of sexual abuse in Suffolk.

**APPROVAL BY THE POLICE AND CRIME COMMISSIONER**

**Signature**

**Date** 22 June 2018

for PCC

OFFICIAL

## **DETAIL OF THE SUBMISSION**

### **1 INTRODUCTION**

- 1.1 The Police and Crime Commissioner can commission services that:
- a) secure, or contribute to securing, crime and disorder reduction in Suffolk;
  - b) are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour.

This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014. In applying this provision, the PCC will ensure that the services commissioned are also consistent with the Suffolk Police and Crime Plan 2017 – 2021.

- 1.2 It is recommended that the PCC approves a grant of £60,000 to Survivors in Transition for the period 1 April 2018 to 31 March 2019 to provide services to victims of sexual abuse in Suffolk.

### **2 POLICE AND CRIME PLAN OBJECTIVES**

- 2.1 Following the issue of the Police and Crime Plan 2017-2021 work has been on-going to ensure that the Police and Crime Objectives and the Plan's principal themes will be achieved. A key theme within the Plan is ensuring the provision of high quality services to victims of sexual abuse.
- 2.2 Many survivors of sexual abuse need dedicated counselling/therapeutic support to help them to cope and recover from the impact of the crime. Demand is such that those organisations which support survivors of sexual abuse operate waiting lists for victims and in many cases the time victims wait for counselling/therapeutic interventions is very lengthy.
- 2.3 To address this need, the PCC provided £150,000 of funding in 2017/18 to three organisations providing counselling and therapeutic support for victims of sexual abuse: Survivors in Transition, Suffolk Rape Crisis and Fresh Start – new beginnings. This ensured there was provision available for victims of sexual abuse regardless of age, gender, ethnicity, any other protected characteristics or geography.
- 2.4 The pilot funding proved successful in increasing collaboration and partnership between the three providers, collecting and sharing data to build a more comprehensive picture of demand and outcomes and increasing capacity and the number of clients worked with, as well as reducing waiting times for counselling and therapy. Better data on the needs of victims and the demand on the system has been collected through the pilot period and it is expected this will support future commissioning discussions.
- 2.5 In addition to the counselling/therapy grant the PCC funded Survivors in Transition to employ a Childhood Sexual Abuse Support Worker in 2017-18 so the organisation could better respond to increasing demand, manage referrals and deliver specialist support to victims of childhood sexual abuse.
- 2.6 The proposed grant to Survivors in Transition will contribute to the Police and Crime Plan by continuing funding for services to victims of sexual abuse.

### **3 SURVIVORS IN TRANSITION**

- 3.1 Survivors in Transition supports men and women who have experienced sexual abuse in their childhood to become empowered and improve their self-esteem and resilience. The organisation was formed in 2009 and became a registered charity in 2011. The organisation is based in Ipswich but provides services across Suffolk.

- 3.2 A range of trauma informed, psycho-educational activities are used including Direct therapeutic work (1 to 1 trauma focused therapy and counselling, targeted group work, outreach, welfare visits & calls, phone and online support), indirect therapeutic support (peer support, workshops, themed group sessions), advocacy, research and training.
- 3.3 Following referral from a professional or self-referral, phone contact is made within 2 days and an assessment is conducted within 2 weeks. Regular contact is maintained if there is a waiting period for therapy and reviews are undertaken every 6 weeks. The type of support recommended depends on the assessment and is categorised by 'Tier' covering self-esteem, intermediate and complex cases.
- 3.4 All staff involved are clinically supervised and receive training to ensure consistency of approach. We will ensure that all practitioners are appropriately qualified, registered with governing bodies and receive management and clinical supervision as per recommended guidelines in line with our internal quality assurance processes. All staff have current and regular DBS checks.
- 3.5 Between March 2017 and April 2018 Survivors in Transition:
- Supported 541 individuals through phone, online and face to face support with over 800 hours of support sessions logged.
  - Provided 754 1 to 1 sessions (61 people) and 5 group sessions (35 people) through the PCC Counselling/Therapy pilot. 90% of clients experienced an increase in self-esteem.
  - Dealt with 11 referrals for male acute (recent) cases of sexual violence.
- 3.6 The proposed funding will support:
- **A CSA Support Worker** for the period 1 July to 31 March 2019, continuing the current, PCC funded, provision. The specialist worker is responsible for ensuring engagement with referred survivors through phone, online or outreach support. Research indicates that a good service response not only helps victims cope and recover more quickly but also helps to reduce demand on resources over the longer term.
  - **Specialist Trauma Therapy.** The funding will support 1 to 1 Therapeutic / counselling services for approximately 30 clients, based on an average of 15 sessions per client including travel, venue, one hour session and supervisory costs.
  - **Group programmes.** The Butterfly programme has a proven track record of delivery with the PCCs office and groups will be available to men and women and in different locations determined by levels of referrals. It is expected that the funding will support 3 group programmes to run over the course of the year.
  - **Male Acute cases.** The funding will support up to 10 cases with assessment and therapy, developing referral routes from likely sources and a distinct male acute pathway including assessment and counselling / therapy support. Support for males victims of sexual violence is recognised as a current area of limited provision in Suffolk.
  - **Support and advice services** for survivors wishing to report their abuse. SiT currently offer 3 hours a week in addition to their other services but report an increase in the number of survivors requesting information. Referrals would be made as appropriate including to the Sexual Assault Referral Centre for penetrative cases, support to report to the police, solicitors, Criminal Injuries Compensation Authority etc. Survivors in Transition operate a 'warm' referral protocol which ensures survivors are accompanied or assisted in any referral rather than just being signposted.

#### **4 OUTPUTS/OUTCOMES**

4.1 This grant award is made on the basis of financial and activity data being made available quarterly with a final report submitted to the PCC by 18 April 2019.

4.2 Output, outcome and financial data will be based on the standardised set of data developed through the pilot project and will include the following:

##### Outputs:

- Number of victims seen and services accessed
- Profile of victims (gender/ethnicity/sexual orientation/age/disability/geography)
- Number of victims receiving support who had not presented to the police at engagement
- Numbers of referrals from other agencies, and breakdown by agency, and the number of self-referrals.
- Timescales between referral and allocation
- Proportion of clients/victims who have presented previously (i.e. repeat users)
- Support hours/sessions delivered
- Number of counselling sessions delivered
- The number of sessions each victim supported is provided (this can only be reported once sessions have finished)
- Type of SSO (parameters to be agreed)
- Age at onset of counselling
- Abuser profile (family / institution / stranger)
- Other services accessing
- Onward referrals

##### Outcomes:

- Client satisfaction with the service.
- Survivors 'distance travelled' to indicate how the service has helped the victim to cope and recover. The service uses a range of validated and established outcomes measures tools to measure progress, distance travelled and individual outcomes such as Mental Health Outcomes star, Rosenberg Self Esteem Score, CORE and WEMWBS inventories. There will be a mixture of both qualitative and quantitative measures.

#### **5 FINANCIAL IMPLICATIONS**

5.1 Survivors in Transition does not receive funding from any other statutory bodies.

5.2 The proposed funding from the PCC of £60,000 will support Survivors in Transition to provide the following services to victims of sexual abuse:

- |   |         |
|---|---------|
| • Specialist Child Sexual Abuse Support Worker    | £17,955 |
| • Specialist Trauma Therapy (individual & groups) | £35,000 |
| • Support for Male Acute cases                    | £ 5,000 |
| • Support and advice services                     | £ 2,045 |

## **6 RISKS**

- 6.1 An assessment of risk in delivery of the service has been undertaken and has incorporated learning from the pilot undertaken in 2017/18, the value of the grant, the duration of delivery and the grant recipient's history of delivery and ability to deliver. The monitoring arrangements outlined in the conditions of award reflect the fact that Survivors in Transition has previously provided satisfactory monitoring information to the PCC.
- 6.2 Should any risk to the service being delivered arise, the grant recipient is required to notify the PCC as per the conditions of award.
- 6.3 This is a one off award for the period stated. Any future applications for funding will be considered in the light of the outcomes of this grant award, and of any other funding received from the OPCC, and outcomes delivered.
- 6.4 Full conditions of award are contained in Appendix A.

## **7 RECOMMENDATIONS**

- 7.1 It is recommended that the PCC approves a grant of £60,000 to Survivors in Transition for the period 1 April 2018 to 31 March 2019 to offer services for victims of sexual abuse in Suffolk.

<b>ORIGINATOR CHECKLIST (MUST BE COMPLETED)</b>	<b>PLEASE STATE 'YES' OR 'NO'</b>
Has legal advice been sought on this submission?	YES
Has the PCC's Chief Finance Officer been consulted?	YES
Have equality, diversity and human rights implications been considered including equality analysis, as appropriate?	YES
Have human resource implications been considered?	YES
Is the recommendation consistent with the objectives in the Police and Crime Plan?	YES
Has consultation been undertaken with people or agencies likely to be affected by the recommendation?	YES
Has communications advice been sought on areas of likely media interest and how they might be managed?	YES
In relation to the above, have all relevant issues been highlighted in the 'other implications and risks' section of the submission?	YES
Have all relevant ethical factors been taken into consideration in developing this submission?	YES

#### **APPROVAL TO SUBMIT TO THE DECISION-MAKER**

##### **Chief Executive**

I am satisfied that relevant advice has been taken into account in the preparation of the report and that this is an appropriate request to be submitted to the Police and Crime Commissioner.

**Signature:**



**Date** 22 June 2018

## VICTIMS' SERVICES GRANT 2018/19

## CONDITIONS OF AWARD

1. Victims' Services Grant

1.1 The Police and Crime Commissioner can commission services that:

- a) secure, or contribute to securing, crime and disorder reduction in Suffolk;
- b) are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour.

This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014.

1.2 The PCC's victims commissioning approach will prioritise grant applications which:

- (a) fulfil the requirement to provide services for victims who are entitled to enhanced services, and
- (b) address gaps in service provision.

1.3 Commissioning decisions will be made on the basis of those which are considered to have the greatest likelihood of delivering the best possible outcome, in terms of helping victims to cope and recover from their experience and take into account the following:

- Innovation - an innovative approach to delivering victims' services;
- Working in partnership/collaboration - working in partnership or collaboration with one or more additional victims' services providers;
- Hard to reach/hear groups – services that are aimed at supporting victims from hard to reach/hear groups;
- Gaps in services – services that will address an unmet need/gap in services.

1.4 The PCC will award a grant of £60,000 to Survivors in Transition for the period 1 April 2018 to 31 March 2019 to offer therapeutic support to child victims of sexual abuse in Suffolk.

2. Conditions of Award

2.1 This award is a one-off award and is made on the basis of the service above (including supporting capacity and capability building, future sustainability of the service and innovation in delivery of the service). The agreement of this award is based on the service a) supporting increased demands and b) improving its sustainability and does not place any ongoing responsibility on the PCC to fund the service beyond the period of this grant.



- 2.2 The award is also made on the basis that the grant recipient uses the grant for the service (as defined at paragraph 1.4 above). In the event that the grant is not used for these purposes the monies must be repaid to the PCC.
- 2.3 The grant must be used to provide services which are free of charge to victims of crime who are entitled to enhanced services.
- 2.4 The grant recipient must comply with the conditions placed upon the PCC by the MoJ grant agreement which includes strict criteria regarding use of the grant and monitoring requirements.
- 2.5 The following costs are not Eligible Expenditure: Payments that support activity intended to influence or attempt to influence Parliament, government or political parties, or attempting to influence the awarding or renewal of contracts and grants, or attempting to influence legislative or regulatory action.
- 2.6 The grant recipient must be able to evidence appropriate safeguarding procedures for those using their services and have due regard for the Local Children Safeguarding Board policies and guidance. The grant recipient must ensure that its services, policies, training, recruitment, vetting and referral processes appropriately safeguard children and vulnerable adults.
- 2.7 The grant recipient will, in relation to the service being commissioned, ensure that any data processing that is carried out to deliver the service meets the requirements of the General Data Protection Regulation (GDPR) or other relevant data protection legislation, and further ensure that the rights of the data subject are delivered.
- 2.8 The grant recipient will be expected to evidence their compliance as appropriate with the GDPR and such other relevant legislation if asked to do so by the PCC.

### 3. Bureaucracy

- 3.1 The grant recipient must be able to demonstrate that they are managing the grant in an efficient and effective manner, and are actively seeking to minimise bureaucracy and streamline processes in order to deliver the best possible outcomes.

### 4. Transfer of funds

- 4.1 Payment will be made following the receipt of an invoice/payment request, and must be accompanied by the appropriate monitoring information.
- 4.2 The grant recipients will invoice the PCC after which transfer of funds will be arranged within 21 working days of receipt of the invoice.
- 4.3 The PCC will not pay in advance of need being determined. If the PCC reasonably believes that payment is being requested in advance of need being determined, the PCC may change the timing and/or the amount of any payments.
- 4.4 In order for any payment to be released, the PCC will require the grant recipient to:



- have accepted these conditions by signing and returning a copy of this Conditions of Award agreement,
- have provided a communications plan;
- have provided appropriate bank details, and
- be in compliance of the terms of award (including the MoJ conditions where appropriate).

## 5 Monitoring

- 5.1 The grant recipient will provide quarterly data on the specified output and outcome measures and on financial expenditure as specified in section 4 of the Decision Paper. A final report will be submitted by 18 April 2019.
- 5.2 The PCC may require attendance at a public meeting of the PCC's Accountability and Performance Panel, on dates as determined by the PCC's Chief Executive.
- 5.3 The grant recipients must notify the PCC as soon as reasonably practicable if the organisation ceases operation, the service does not proceed or if an underspend is forecast. Any underspend must be returned to the PCC.

## 6. Commissioning Principles

- 6.1 In the circumstances where the grant recipients commission services from other bodies applications must be assessed (by the grant recipient) with good practice commissioning principles in mind (e.g. guidance on commissioning issued by the Association of Policing and Crime Chief Executives), and having due regard to equality, diversity and human rights issues.

## 7. Publicity and Marketing

- 7.1 By accepting the award from the PCC the grant recipients make a commitment to acknowledge the PCC's support publicly and must acknowledge their funding from the PCC in all their promotional work. Any recipients of funding via the grant recipient must display the PCC's logo in all publicity for the life of the initiative. Logo artwork can be provided upon request. Any exceptions must be agreed with the PCC.
- 7.2 The grant recipients will liaise with the PCC's Communications Manager to agree a communications plan.

## 8. Access to Information

- 8.1 The PCC expects reasonable access to any records and information held by the grant recipients for purposes associated with the award.

8.2 The PCC reserves the right to withhold all or any payments of the award if the PCC has reasonably requested information/documentation from the grant recipients and this has not been received by the PCC in the timescales reasonably required.

9. Miscellaneous

9.1 The award may not be used to support or promote religious activity. This will not include inter-faith activity.

9.2 The grant recipients must ensure that all reasonable steps have been taken to ensure that it and anyone acting on its behalf complies with any applicable law for the time being in force (so far as binding on the recipient).

9.3 The grant recipients, and their employees, shall be careful not to be subject to conflicts of interest.

9.4 The grant recipients shall ensure that third party recipients have adequate insurance coverage (including but not limited to public liability insurance) in place and shall provide evidence of such insurance to the PCC on request.

9.5 The PCC accepts no liability to the grant recipient or third party recipients for any costs, claims, damage or losses, however they are incurred, except for to the extent that they arise from personal injury or death which is caused by the PCC's negligence.

9.6 The grant recipients agree to indemnify the PCC for any costs, claims, damages or losses which arise as a result of negligence by the grant recipient or out of any breach by grant recipients of any of the conditions of award.

10. Termination

10.1 This agreement may be terminated by either party giving the other at least three months' notice in writing.

**ACCEPTANCE OF GRANT**

Survivors in Transition accepts the offer of an award of £60,000 and agrees to comply with the terms and conditions of the Grant on which the offer is made (including the MoJ conditions in their grant agreement).

**On behalf of Survivors in Transition:**

Signature	
Name:	
Position:	
Date:	

**Bank details for grant payment:**

Bank name:	
Branch name:	
Sort Code:	
Account name:	
Account number:	
Address:	
Postcode:	

**Signed on behalf of the Police and Crime Commissioner for Suffolk:**

Signature	
Name:	
Position:	
Date:	

