

Appendix 1

Update on the Suffolk Positive Futures Outcome Plan 2013/14 for the PCC Accountability Meeting, 5th December 2013

**Paul Knight
Project Manager
Positive Futures, Catch22**

**POSITIVE

FUTURES**



Outcome 1

1.1 Outcome the project is working to achieve:

Reduce re-offending by:

Supporting integrated offender management to tackle prolific and priority offenders

Diverting young people from coming into the criminal justice system by assessing needs and early intervention

1.2 What the project has done up to date.....to achieve the outcome listed:

Provided young people with a range of open access community activities across Suffolk to divert them away from coming into the criminal justice system. These sessions have been run to offer young people a positive alternative to crime, violence and ASB and provide a place where young people can be safe, form the main aims of our community sessions. A complete list of the sessions that have been delivered this financial year can be seen in **Appendix 2**.

As well as open access community initiatives, we have also supported the higher end and prolific young offenders through referrals from the Youth Offending Service. Referrals can come via this route for young people on court orders and includes the Intensive support service who work with the most prolific and priority young offenders. We have received referrals from the Youth Offending Service for our mentoring/triage project and also received referrals from the YOS for 8 young men, 7 of which went on to complete a sports leaders award with us over the summer holidays 2013. Some of these young people are now volunteering in the programme on a regular basis. A case study of this programme can be seen in **Appendix 4**.

We have managed to deliver projects in new geographical areas of the county, enabling us to further widen the reach of the programme and hopefully divert more young people away from the Criminal Justice system. We have delivered in three new areas of Ipswich, Dumbarton Road (NE Ipswich) Jubilee Park, (SW Ipswich) and Newbury Rd, (East Ipswich). We are now running a project in partnership with Anglia Community Leisure, delivering a Friday evening project in the Red Lodge area of Forest Heath and we have also recently completed a 16wk project working in the Suffolk Coastal area of Saxmundham.

Plans are in place to take the project into further areas of the county early in the new year. These areas include the Mid-Suffolk area of Stowmarket and the Suffolk Coastal area of Leiston (starting 24th Jan 2014).

1.3 Progress measurements with responses in brackets:

- Views database – numbers of young people engaging in the project (at least 900) including breakdown of ages, postcodes, gender etc **(849 to date)**
- Anecdotal information from Safer Neighbourhood Teams in the local area – e.g testimonies on project impact **(Testimonies supplied within previous report)**
- Testimonies from young people and parents on what the project means to them and the impact it's had. **(Contained within case studies in this report and last report)**
- Numbers of young people referred by the Suffolk Youth Offending Service including Time 2 change project (20 young people referred in 2012/13 **(20 so far referred in 2013/14)**)
- Number of new geographical areas of Suffolk delivered to (target of 5 new areas) **(5 new areas to date - Jubilee Park, Dumbarton Rd & Newbury Rd in Ipswich, Saxmundham & Red Lodge) Leiston and Stowmarket to be launched 2014**

- Number of hours of activity delivered in particular hours of activity on a Friday evening **(256hrs of Friday night activity delivered / 4 sessions currently running across the county on Friday evenings with a further two that have completed.**
- Numbers of 'new' young people engaging in the project (target of 100) **(272 new young people recorded to date from 1/4/13)**
- Numbers of NEET/alternative education or YOS young people achieving an accredited award (target of 20) **(14 achieved accredited award to date)**

Outcome 2

2.1 Outcome the project is working to achieve:

**Prevent the damaging effects of drugs and alcohol on lives, crime levels and the night-time economy by:
Raising awareness of responsible alcohol use**

2.2 What the project has done up to date.....to achieve the outcome listed:

- Informal Alcohol / substance misuse talks and information sessions have taken place and more are planned within our school and Pupil Referral Unit (PRU) sessions run in Ipswich & Lowestoft to educate young people on the dangers and implications of alcohol and drugs. These sessions have now taken place with 5 groups including open access sessions and targeted sessions and have incorporated 47 young people. We are not experts in this area but if we can do our bit without diluting the 'fun sport session' too much then hopefully we can have an impact
- Sessional staff have been booked on to additional substance misuse training so informal group work and signposting young people to specialist organisations can become part of our everyday work
- Delivered activities at key times of the evening which have hopefully provided the diversion young people need to steer clear of the temptations of drug and alcohol use.
- A sports Leadership course was delivered over the summer holidays with a group referred from the Suffolk Youth Offending Service, course incorporates modules on drugs and alcohol awareness. New course scheduled for the Jan 2014 with referrals from the Youth Offending Service and Looked after children.

2.3 Progress measurements with responses in brackets:

Numbers of young people receiving educational advice / guidance on substance misuse by Positive Futures (Target of 100 young people) **(47 received education to date)**

Questionnaires conducted at the start and the end of projects to determine what knowledge has been gained by the young people on the subject of substance misuse (target of 100 to complete questionnaire) **(47 young people completed to date.)**

Delivery of diversionary activities – Number of hours of after school and evening delivery in deprived areas. (2012/13 figure was 1124hrs, so a figure on par with this is expected) **(836hrs in total delivered after school/evening to date)**

Outcome 3 & 4

3.1 Outcome the project is working to achieve:

Support effective crime prevention activity

Crime prevention initiatives aimed at reducing crime ASB

Reduce ASB

Initiatives to prevent ASB arising and escalating

3.2 What the project has done up to date.....to achieve the outcome listed:

Appendix 2 lists the whole range of activities we have delivered since April 2013. These activities are our main tool to supporting crime prevention activity as well as reducing ASB.

In addition to the activities in appendix 2 we have also:

Expanded our work at Boston lodge youth club in Lowestoft where we are trying to breakdown historical problems between young people and local residents in particular with regards ASB in the area. To date we have managed to re-engage youths in the local community to enjoy the youth club and benefit from what it has to offer with 40 young people attending the club.

We have delivered a large scale summer holiday sports programme called 'Jumpers 4 Goalposts' in partnership with Ipswich Borough Council and Suffolk County Council. 10 separate parks and recreation grounds across Ipswich were selected by the IBC Area Committees (who funded this project) across 4 weeks of the school holidays. Project provided opportunities to keep young people safe and occupied over the summer holidays with a total of 318 attendances. This project was replicated over the October half term and worked with 66 young people over the course of the week.

We have maintained close contact with Kathy Ellis from Suffolk Police who is a member of our Positive Futures steering group, enabling quick identification of new hot spot / priority areas of the county and enabling us to respond quickly to these needs.

We have continued to add to our pool of trained and qualified volunteers and sessional staff members enabling us to react quickly to the changing needs of local communities and deliver multiple projects on the same evening e.g. Friday evening.

We have continued to deliver the Mentoring/Triage project in Ipswich working with young people who are first time entrants to the criminal justice system. The project assigned them a mentor who can work with them for 6 months to support them through a difficult phase in their life. This project has now come to an end after the year- long pilot in partnership with Catch22 and the YOS.

We have linked in with Suffolk Housing who commissioned our services in order to provide activities for young people living in their accommodation to reduce the likelihood of ASB occurring in these areas. This project is based at Newbury Rd Recreation Ground in Ipswich and attracts up to 20 young each session including those from Suffolk Housing properties.

We have linked up with Anglia Community Leisure to support their work in the Red Lodge area of Forest Heath. This consists of a weekly Friday evening football project at the community centre.

The project continues to engage large numbers of young people in Haverhill on a Friday evening. 50/60 young people regularly turn up at the sports centre in Haverhill on a Friday evening to take part in the provision we offer them. This project has recently been strengthened further by a grant from One Haverhill ensure the project runs until October 2014. **(Haverhill project pictured below)**



Tuesday evening activities have been delivered in Suffolk Coastal area of Kesgrave. Concerns were raised around the lack of activities in the evening for the large numbers of young people living in the town. We have linked in with the Kesgrave Community and Conference Centre to devise a range of evening activities which started Sept 2013. These activities run every Tuesday evening between 8pm-9.30pm

A very recent development in the project has been the formation of 'Doorstep Sport Clubs'. Doorstep sport is a nationwide programme established by the national sports charity 'StreetGames', to engage young people from disadvantaged areas in sport. We have established doorstep sports clubs in Ipswich and Lowestoft through a partnership between Suffolk County Council, Ipswich Borough

Council & Waveney District Council. Doorstep Sport Clubs are all based around the doorstep sport approach of 'right time, right place, right price and in the right style'. Young people feel a strong sense of belonging to their club and enjoy taking part in social activities alongside the sports programme. Two of these clubs are girls only sessions, in order to try and encourage more girls into the programme and to offer them ownership of their session. Sessions are running on a Tuesday and Friday evening in Ipswich and Monday and Wednesday evening in Lowestoft.

3.3 Progress measurements with responses in brackets:

- Views database – numbers of young people engaging in the project (at least 900) including breakdown of ages, postcodes, gender etc **(849 young people to date) (82% male / 18% female)**

Age	Count	%
9 and under	45	5.30%
10	54	6.36%
11	56	6.60%
12	81	9.54%
13	114	13.43%
14	104	12.25%
15	89	10.48%
16	108	12.72%
17	67	7.89%
18+	116	13.66%
Not Specified	15	1.77%

- Anecdotal information from Safer Neighbourhood Teams in the local area – e.g. testimonies on project impact **(testimonies supplied within previous report)**
- Testimonies from young people and parents on what the project means to them and the impact it's had. **(Contained within case studies in this report and last report)**
- Numbers of young people referred by the Suffolk Youth Offending Service including the time2change team (20 young people referred in 2012/13) **(20 so far referred in 2013/14)**
- Number of new geographical areas of Suffolk delivered to (target of 5 new areas) **(5 new areas to date -Jubilee Park, Dumbarton Rd & Newbury Rd in Ipswich, Saxmundham & Red Lodge) Leiston and Stowmarket to be launched 2014**
- Number of hours of activity delivered in particular hours of activity on a Friday evening (all hours of after school activity in 2012/13 was 1124, so looking for a figure on par with this. **(755hrs delivered in total after school/evening with 256 of these hours being on a Friday night / currently 4 sessions running across the county on Friday evenings with a further two that have completed)**

Outcome 5

5.1 Outcome the project is working to achieve:

Support families

Provide families most in need with support to make positive change.

5.2 What the project has done up to date.....to achieve the outcome listed:

We have delivered healthy living and fitness programs targeting young people excluded from mainstream school and those living in care, by linking in with Kingsfield PRU and Catch22's leaving care project. Young people who were currently de-motivated by physical activity coupled with those coming from complex and chaotic backgrounds were targeted. Healthy eating & fitness were the core outcomes of the programmes but other additional outcomes were also seen such as increased levels of self-esteem and confidence shown by the young people. Evidence of this was seen in the testimony from Kingsfield PRU in the previous report.

In order to support families we have delivered activities at the times the families need the most support such as evenings, school holidays and in particular the long school summer holidays. We delivered large Summer and October holiday projects in both Ipswich & Haverhill.

Other support we have provided to families has come via delivering the Youth Offending Service commissioned 'Mentoring Triage project'. With project aims being to provide a mentoring relationship that will be beneficial to the mentee in improving social functioning, educational attainment and aspirations. Evidence of this project is seen in **Appendix 3**

5.3 Progress measurements with responses in brackets:

Number of session hours delivered over the 2013 school summer holidays (Target of 100 hours) **(240hrs delivered between 22nd July-30th Aug across Suffolk)**

Number of attendances over the 2013 school summer holidays (Target of 500 participants) **(408 participants attended)**

Anecdotal feedback from Live-well Suffolk (testimonies of project impact) **(To be secured)**

Feedback from schools / Pupil Referral units **(Submitted within previous papers)**

Testimonies from young people / parents. **(Submitted within previous papers)**

Demonstrate impact to the Suffolk trouble families agenda by securing funding from the initiative for further work **(To be secured)**

Outcome 6

6.1 Outcome the project is working to achieve:

**Ensure value for money for the PCC by bringing in further investment into the project to work directly with young people.
Bring in an additional £50k of funding to further support young people by 31/3/14**

(Not a PCC outcome but very much part of the plan to ensure value for money with regards the anticipated budget cuts)

6.2 What the project has done up to date.....to achieve the outcome listed:

One of our key pledges was to demonstrate value for money and to ensure that we didn't just sit on the PCC grant but we used it to actively levy in additional funding to the project which in turn would create even more opportunities for young people. We believe that we have made a very strong start in this area. We have written successful funding bids, we have worked and continue to work in partnership with local organisations and we have managed to maintain a high quality programme to date which local agencies and organisations feel secure to invest in.

From April 2013 we have managed to bring in an additional £65,000* into the project directly for the delivery of sessions and activities across the county. This has been from a wide range of sources, hopefully demonstrating the impact the project can have over a wide range of agendas.

*£14k of this was secured in Feb 2013 for the project delivery April to Aug 2013.

6.3 Progress measurements with responses in brackets:

Bring in an additional £50k of funding to further support young people in Suffolk by 31/3/14 (**£65,000 secured up to 19th Nov 2013**)