



Prince's Trust

The Prince's Trust Proposal for Suffolk Family Focus

The Prince's Trust

The Prince's Trust is the UK's leading youth charity, helping to change young lives for over 35 years. We support disadvantaged young people aged 13-30 to develop their confidence and skills, and progress into education, training and employment. We do this by offering a range of opportunities including vocational training, personal development, business start-up support, mentoring and information, advice and guidance. All of these opportunities help young people to get their lives working and target support to those who need it most.

Background

Late last year the Prince's Trust met with Suffolk County Council to discover how we could support their troubled family's project, (Suffolk Family Focus). Louise Casey had recently visited a project in Northampton and was keen for the Trust to expand its work in this field and it was with this background that we had our discussions. It was the employment and training strand of the work where we felt the Trust had the most to offer

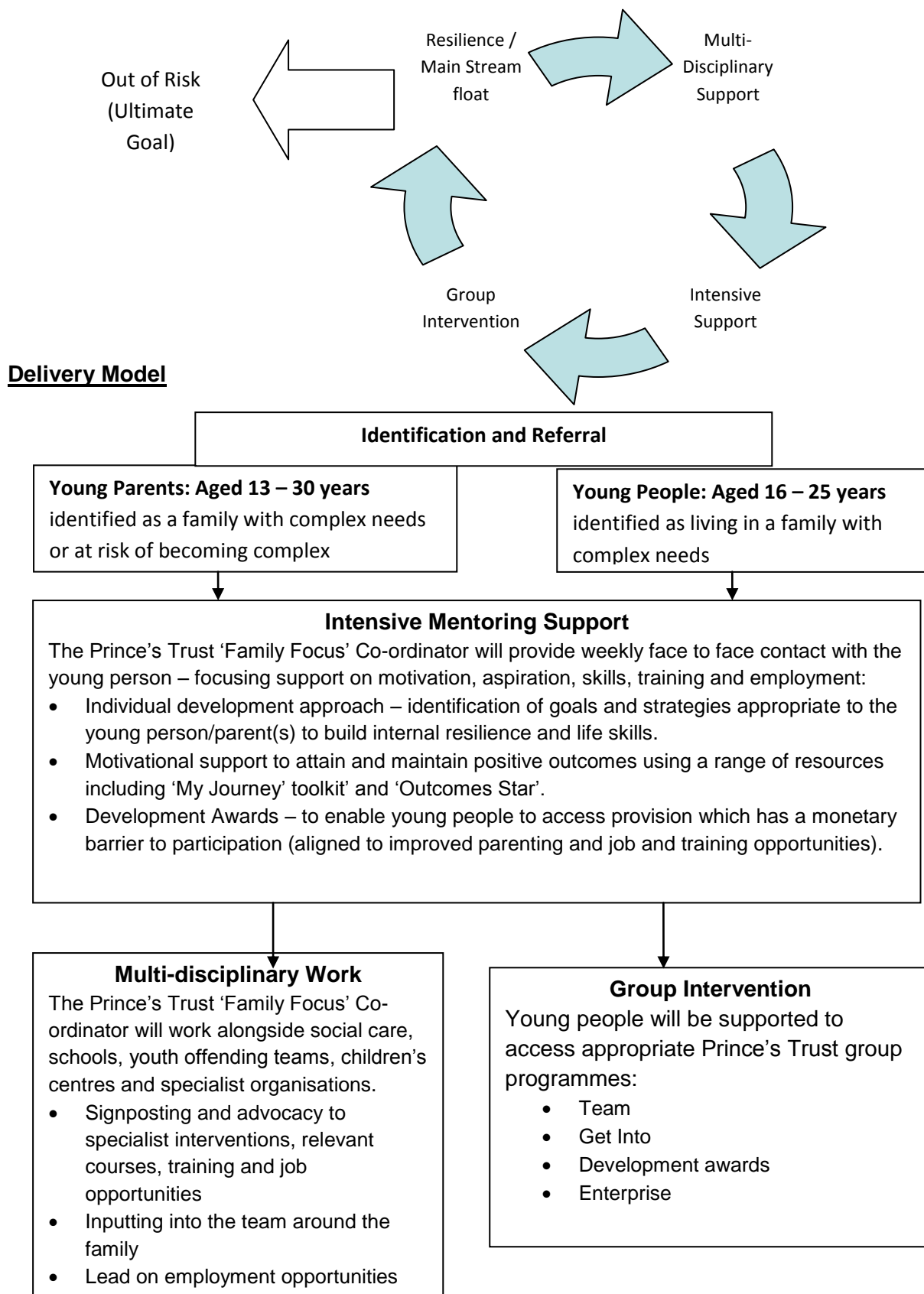
The model we propose to use in Suffolk (Focusing on Ipswich) puts the client in control of the priorities which they wish to work upon; providing one to one support to sustain them in positive outcomes alongside additional group activities that capture the imagination of young people.

The proposed model fits with Suffolk's priorities:

- Targeted services designed around a single Suffolk Family Model to improve lives and reduce costs to the public purse;
- Creating a shared view of all families with complex needs as well as families at risk of becoming complex;
- Streamlined, needs-based, focussed and cost effective services; providing a 'whole family' or 'whole person' approach to supporting young people.

The Prince's Trust has a strong track record of understanding "what works" for this group of young people in securing successful outcomes – All Prince's Trust programmes are based upon the premise that if we can build on the self esteem and confidence of young people then they are likely to be more successful moving forward.

The model allows us to work alongside young parents / people to provide a positive role model, improve skills and increase internal resilience. Whilst also providing support to additional young people in the wider community thus developing social capital and local resilience.



Delivery Outputs

- Intensive mentoring support to 15 – 20 young parents / people identified as being Suffolk Family Focus families or living within a Suffolk Family Focus family.
- Group Interventions involving the ‘core’ young parents / people and an additional 20 young people from the local community who are also linked to Suffolk family Focus Families:
 - 2 Get into programmes (up to 30 young people)
 - 10 places on Team programmes
 - 10 x Development Awards

Proposed Delivery and Outcomes

Identification and Referral

- **Identification – 15 - 20 young people identified by Suffolk Family Focus Team referred to The Prince’s Trust ‘Family Focus’ Co-ordinator to work with them to ensure positive outcomes.** Relationships will be entered into voluntarily with a young person choosing to work with The Prince’s Trust.

Intensive Mentoring Support

- **Internal Resilience** - Sustaining young parents / people in the implementation of their life action plan moving toward improved parenting, work, education and training. The Prince’s Trust will work to move a young person towards work, education and training and enable them to make a positive contribution to their neighbourhood. We will do this via a combination of individual work and team-based programmes.
- **My Journey Toolkit** – The Prince’s Trust uses a sophisticated benchmarking toolkit to enable young people to understand where they are in their lives regarding personal skills and aspirations. In this project it will be used to develop a life action plan which incorporates emotional, social, educational and career goals, that will form the initial evidence base for what support is needed to build protective factors around the young person. This action plan will be shared with the multi-disciplinary team to develop a team responsibility to the individual’s holistic need and will provide a structured vision for a young parent / person that motivate them to start building internal resilience for improved parenting and a positive life.
- **Development Awards** - will enable young people to access provision which has a monetary barrier to participation. Development Awards will be aligned to improved parenting skills and job and training opportunities in order to remove barriers to pay for equipment and the means to get to work as well as specialist courses that enhance employment opportunities.
- **Progression Mentoring**- Whilst the principal 1-1 support will be given by the Project worker, they will also have access to trained Prince’s Trust progression mentors. If we feel that they can assist the project they will be engaged as appropriate. This may be for example when we have achieved a step change with a young person and we hand them over to a progression mentor to enable new clients to be taken onto the project’

Group Intervention

- **Engagement** – young people will have the option to access group opportunities with The Prince's Trust. We will consult with young people to ensure that these opportunities are indeed those which young people find particularly attractive and inspirational whilst also making our own suggestions.
- **External Resilience** - Working in the locality with young people in The Prince's Trust target group. This will influence the community resilience in that locality and the chances of the identified young people implementing their actions plans positively.
 - **Get Into programmes:** Offering clear employment progression pathways linked to locally based employment opportunities and apprenticeships. We would like to work with the local authority and other major employers to develop pre-apprenticeship type job opportunities. See below on our initial thoughts.
 - **Team programmes:** In addition to Team which runs for 12 weeks we will offer structured post- programme support which will enable those young people to continue strengthening their resilience through additional community service/development activity. During the 12 weeks we would expect those young people at risk to begin to use their TEAM peer network as an external resilience enhancer and Team Leader relations to continue to develop internal resilience.

The additional programmes approach enables The Prince's Trust to ensure that there is appropriate provision to move young people into and support available. It also enables The Prince's Trust to work with other young people to change the local environment and context in which those young people considered a priority operate. Thus maximising the ability to create a more resilient external environment around the young person and building local social capital within neighbourhoods.

Target outcomes for the core 15 20 young people will be agreed in consultation with SCC and measured using Outcomes Stars demonstrating the young person's journey of change in relation to internal and external social and economic factors.

Employment Opportunities

One of the strengths of the Prince's Trust has been securing job opportunities through our get into programme and we are proposing to run two programmes with this project. Historically we are achieving over 50% into employment as we carefully select the industry to reflect the job opportunities.

We appreciate however with this target group we are working with, the key objective will be to prepare them to take up these opportunities along with others in the local area.

We know that Ipswich has recently been awarded city status and within this there are key objectives around youth engagement and jobs so this project could be a forerunner to help guide this project.

One programme we have successfully run in the past is get into Railways. In fact RT Training Solutions (Ipswich) have delivered six Get into Railways programmes since May 2009, supporting 60 young people.

Qualifications included in the programme design are Personal Track Safety (PTS), Manual Handling and Basic Signalling.

Over 80% (49) of these young people have moved into employment as a direct result of participation in the programme. We have developed good links with employers such as TES 2000, and more recently developed an excellent partnership with Coyles Recruitment.

We would propose to run another one of these programmes in the autumn if a more suitable opportunity was not available.

In addition we are aware that there are potential opportunities in the Ipswich and surrounding areas for Customer Service based job opportunities (Call Centre roles) and we would be keen to work with providers of these services to provide job opportunities.

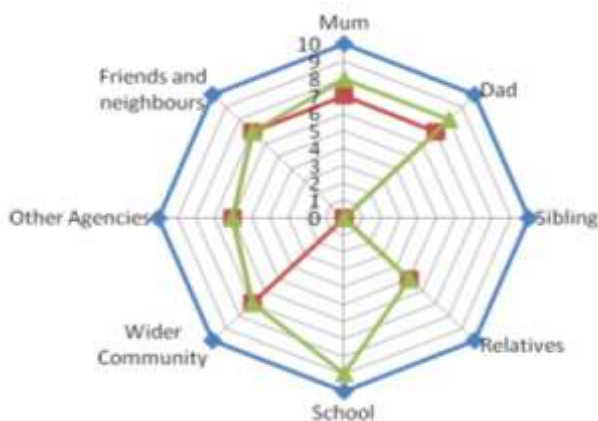
The second programme we would work with Suffolk County Council, JCP, BITC and other key employment organisations to agree which would be the best course to run, options include working with the local hospital, Muntons, This programme we would deliver in the spring 2014

Project Funding

This is a new pilot project where Suffolk County Council Troubled families project, Suffolk County Council Economic Development, Ipswich BC Economic Development and Match Funding from the Prince's Trust has enabled this project to get off the ground

Examples of Outcomes Stars:

Young Person 1:



Relationship Status: Young Person has had a marked improved in all relations with noticeable engagement with school.

Outcomes Progress: Young Person has significant improvements in their social behaviour and high rate of stability from re-offending and sustained stability in permanent accommodation and proactively engagement with training.

Young Person 2:



Relationship Status:
Young Person has had



a marked improved in family relations with improved initial engagement with agencies.

Outcomes Progress: Young Person has improvements in their social behaviour and re-offending and sustained stability in permanent accommodation and movement towards employment.

[Key: Red = initial assessment, Green = at 6 week review]