



Suffolk Police and Crime Commissioner

Making Suffolk a safer place to live, work, travel and invest

ORIGINATOR: POLICY OFFICER (LH)	DECISION NO. 31-2016
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REASON FOR SUBMISSION:	FOR DECISION
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SUBMITTED TO:	POLICE AND CRIME COMMISSIONER
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SUBJECT:	WAVENEY DOMESTIC VIOLENCE AND ABUSE FORUM – TRAUMA AND ABUSE THERAPY
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SUMMARY:
<p>1. The Police and Crime Commissioner can commission services that:</p> <ul style="list-style-type: none">a) secure, or contribute to securing, crime and disorder reduction in Suffolk;b) are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour. <p>This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014. In applying this provision, the PCC will ensure that the services commissioned are also consistent with the Suffolk Police and Crime Plan 2013 – 2017.</p>
<p>2. This report seeks approval to award a Victim Services Grant of up to £18,000 to Waveney Domestic Violence and Abuse Forum to deliver Trauma and Abuse Therapy for a minimum of 60 clients in the period until 31 March 2017.</p>
<p>3. The funding will enable crime and disorder reduction activity focussing on the Police and Crime Plan objective to provide high quality services to victims.</p>

RECOMMENDATION:
<p>1. It is recommended that the PCC approves a grant of up to £18,000 to Waveney Domestic Violence and Abuse Forum for the period up to 31 March 2017.</p>

APPROVAL BY THE POLICE AND CRIME COMMISSIONER	
Signature 	Date 10/8/16
	

DETAIL OF THE SUBMISSION

1 INTRODUCTION

- 1.1 The Police and Crime Commissioner can commission services that:
- secure, or contribute to securing, crime and disorder reduction in Suffolk;
 - are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour.

This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014. In applying this provision, the PCC will ensure that the services commissioned are also consistent with the Suffolk Police and Crime Plan 2013 – 2017.

- 1.2 This report seeks approval to award a Victim Services Grant of £18,000 to Waveney Domestic Violence and Abuse Forum for the delivery of Trauma Therapy for the period until 31 March 2016, addressing the needs of a minimum of 60 clients.

2 POLICE AND CRIME PLAN OBJECTIVES

- 2.1 Following the issue of the Police and Crime Plan 2013-2017 work has been on-going to ensure that the Police and Crime Objectives and the Plan's principal themes will be achieved.
- 2.2 The PCC has engaged extensively to pursue the ambitions set out within the Police and Crime Plan, including the provision of high quality services to victims and vulnerable people.

3 WAVENEY DOMESTIC VIOLENCE AND ABUSE FORUM – TRAUMA AND ABUSE THERAPY

- 3.1 Waveney Domestic Violence and Abuse Forum (WDVAF) was established over 30 years ago in the Waveney area of Suffolk. It is a registered charity and its aim is to reduce and prevent domestic abuse within the Waveney area. The forum works locally with 45 statutory and voluntary agencies to help clients escape domestic violence and abuse. The forum provides a range of services and promotes the importance of partnership working to prioritise the safety of adults, young people & children.
- 3.2 Funding is being requested from the PCC in order to continue the delivery of Trauma and Abuse Therapy to adults that have been impacted by domestic violence and sexual abuse (recent and historic).
- 3.3 Previous funding from the PCC has been used to provide Trauma Therapy to 12 victims in 2014/15 (£3,500) and 66 Clients in 2015/16 (£20,000). Since April 2016 WDVAF have supported a small number of clients through Trauma Therapy through use of reserves, including 8 clients who have now completed therapy. Currently there are:
- 7 clients still receiving sessions
 - 8 clients assessing and waiting (subject to funding)
 - 6 further clients have been referred but not assessed. No more referrals have been accepted (where appropriate referrals are being made to Suffolk Rape Crisis), pending confirmation of funding.
- 3.4 Monitoring and evaluation of previous grants has shown that:
- 60% of clients are victims of childhood sexual abuse and 35% childhood physical or emotional abuse.
 - 10% of clients are returners to the service
 - 70% of clients are referred from other agencies

20% are self-referrals

- 3.5 The therapists delivering the service have provided information on what Trauma and Abuse Therapy is, methods used to deliver therapy, nature of trauma addressed, how therapy differs from counselling and the preparation clients receive to ensure they are ready to benefit from the therapy and recover.
- 3.6 In summary, Trauma and Abuse Therapy addresses the effects of domestic abuse and childhood abuse (sexual, emotional, physical and neglect). Trauma has a profound effect on the body and nervous system with symptoms including flashbacks, nightmares, intrusive thoughts/images, intense distress, recurring emotional and physical sensations, Hyperarousal and Hypo arousal (freeze), intense panic, irritability and aggression, self-destructive behaviour, inability to concentrate, despair and self-loathing.
- 3.7 The therapy works to ensure can become more stable physiologically, emotionally and functionally. Benefits, measured by outcome stars show positive movement, most notably in Empowerment and Self-esteem, Health and wellbeing, Safety and Support Networks. Additionally victims are able to gain an understanding of the abuse suffered and learn techniques to cope and recover.
- 3.8 Feedback from clients who have benefitted from Trauma and Abuse Therapy in the past has been provided by WDVAF. A short case study is included below:

This is a female client with an age range between the age range of 20 and 25; she had a background history of domestic abuse in both her young and adult life. She suffered with acute anxiety and wanted to deal with her anger. She also wished to understand the effect of a religious cult had had on her beliefs.

The therapist work with the client questioning the negative beliefs from the religious teachings and to remove deep seated beliefs, and to explore the fears locked in from childhood and the client begun to connect with her feelings. There was difficulty in being able to connect with her children emotionally and also with her partner.

With everything that had happened to her, she managed her life by 'locking it all away', we worked through all of this, giving herself a voice; she felt 'whole for the first time in her entire life'.

The client said "I was so terrified of so many things and too frightened to look back. With my therapists help I was able to reconnect with my fears and change them into something positive. There came to a point during my sessions when I thought there would be no end to such terror and fear, that I would not be able to resolve my issues, and I knew I needed to continue my sessions. I have never fully trusted anyone, so this was very scary for me, I was so scared that she would leave me and that I was just too much for anyone to help".

"My therapist has been my role model, she taught me how to build my own level of understanding, how to look after myself and in doing so, how to connect with my beautiful girls. I am now able to share my feelings with my partner so that I can handle life as an adult, I feel very honoured that I have been given such a chance."

- 3.9 This report recommends that the PCC contributes up to £18,000 to fund therapy for a minimum of 60 clients on the basis of the estimated demand up to 31 March 2017.

4 OUTPUTS/OUTCOMES

4.1 This grant award is made on the basis of financial and activity data being made available regularly with a final report submitted to the PCC by 14 April 2017.

4.2 Monitoring of outputs will include data on:

- Number of clients supported (minimum 60)
- Breakdown of type of abuse e.g. physical, emotional, sexual
- Proportion of non-recent cases
- Profile of victims (gender/ethnicity/sexual orientation/age)
- Extension of geographical provision
- Number of victims who had not presented to the police at engagement
- Numbers of referrals from other agencies and which agencies, proportion of self-referrals
- Proportion of clients/victims who have presented previously (i.e. repeat users)
- Counselling hours / pre counselling sessions delivered
- Support hours/sessions delivered.

4.3 Intended outcomes to be monitored include:

- Client satisfaction with the process / maintaining an excellent service
- Clients 'distance travelled' measured using outcome stars across the following areas to indicate how the service has helped them to cope and recover:
 - Increased self-esteem
 - General wellbeing and recovery including improved: relationships, support networks, perception of safety, awareness of services available and understanding of abuse
 - Reduced symptoms of trauma and anxiety (measured through self-evaluation).

5 FINANCIAL IMPLICATIONS

5.1 Funding of up to £18,000 from the PCC is recommended on the basis it will be used for therapist costs for a minimum of 60 clients based on average need of 6 one to one sessions at a cost of £50 per hour.

6 RISKS

6.1 There are no risks flowing from the consideration of this report.

6.2 An assessment of risk in delivery of the service has been undertaken. This assessment has considered the value of the grant sought, the duration of delivery and the grant recipient's history of delivery and ability to deliver. The monitoring arrangements outlined in the conditions of award reflect the fact that WDVAF have previously provided satisfactory monitoring information to the PCC. Should there be any risk to the service being delivered, the grant recipient is required to notify the PCC.

6.3 Full conditions of award are contained in Appendix A.

7 RECOMMENDATIONS


8.1 It is recommended that the PCC approves a grant of £18,000 for the period 1 September to 31 March 2017 to Waveney Domestic Violence and Abuse Forum.

ORIGINATOR CHECKLIST (MUST BE COMPLETED)	PLEASE STATE 'YES' OR 'NO'
Has legal advice been sought on this submission?	YES
Has the PCC's Chief Finance Officer been consulted?	YES
Have equality, diversity and human rights implications been considered including equality analysis, as appropriate?	YES
Have human resource implications been considered?	YES
Is the recommendation consistent with the objectives in the Police and Crime Plan?	YES
Has consultation been undertaken with people or agencies likely to be affected by the recommendation?	YES
Has communications advice been sought on areas of likely media interest and how they might be managed?	YES
In relation to the above, have all relevant issues been highlighted in the 'other implications and risks' section of the submission?	YES
Have all relevant ethical factors been taken into consideration in developing this submission?	YES

APPROVAL TO SUBMIT TO THE DECISION-MAKER

Chief Executive

I am satisfied that relevant advice has been taken into account in the preparation of the report and that this is an appropriate request to be submitted to the Police and Crime Commissioner.


Signature.

Date 9/8/16

VICTIMS' SERVICES GRANT 2016/17

CONDITIONS OF AWARD

1. Victims' Services Grant

1.1 The Police and Crime Commissioner can commission services that:

- a) secure, or contribute to securing, crime and disorder reduction in Suffolk;
- b) are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour.

This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014.

1.2 The PCC's victims commissioning approach will prioritise grant applications which:

- (a) fulfil the requirement to provide services for victims who are entitled to enhanced services, and
- (b) address gaps in service provision.

1.3 Commissioning decisions will be made on the basis of those which are considered to have the greatest likelihood of delivering the best possible outcome, in terms of helping victims to cope and recover from their experience and take into account the following:

- Innovation - an innovative approach to delivering victims' services;
- Working in partnership/collaboration - working in partnership or collaboration with one or more additional victims' services providers;
- Hard to reach/hear groups – services that are aimed at supporting victims from hard to reach/hear groups;
- Gaps in services – services that will address an unmet need/gap in services.

1.4 The Police and Crime Commissioner for Suffolk will award a grant of up to £18,000 to Waveney Domestic Violence and Abuse Forum to deliver Trauma and Abuse Therapy to a minimum of 60 clients up to 31 March 2017.

2. Conditions of Award

2.1 This award is a one-off award and is made on the basis of delivering the service above (including supporting capacity and capability building, future sustainability of the service and innovation in delivery of the service). The agreement of this award is based on the service a) supporting increased demands and b) improving its sustainability and does not place any ongoing responsibility on the PCC to fund the service beyond the period of this grant. Should the service wish to apply to the PCC for funding in future it will be through a competitive process.

- 2.2 The award is also made on the basis that the grant recipient uses the grant for the service (as defined at paragraph 1.4 above). In the event that the grant is not used for these purposes the monies must be repaid to the PCC.
- 2.3 The grant must be used to provide services which are free of charge to victims of crime who are entitled to enhanced services.
- 2.4 The grant recipient must comply with the conditions placed upon the PCC by the MoJ grant agreement which includes strict criteria regarding use of the grant and monitoring requirements (this has been attached as Annex A).
- 2.5 The following costs are not Eligible Expenditure: Payments that support activity intended to influence or attempt to influence Parliament, government or political parties, or attempting to influence or awarding or renewal of contracts and grants, or attempting to influence legislative or regulatory action.
- 2.6 The grant recipient must be able to evidence appropriate safeguarding procedures for those using their services and have due regard for the Local Children Safeguarding Board policies and guidance. The grant recipient must ensure that its services, policies, training, recruitment, vetting and referral processes appropriately safeguard children and vulnerable adults.
- 2.7 Where the grant recipient provides services to victims of domestic abuse, they are expected to contribute to the outcomes of the domestic abuse research '*Understanding Domestic Abuse in Suffolk: A study of the experience of survivors*' and be involved in partnership working to address the findings. The service will be expected to contribute to the countywide review of domestic abuse (and mapping).

3. Bureaucracy

- 3.1 The grant recipient must be able to demonstrate that they are managing the grant in an efficient and effective manner, and are actively seeking to minimise bureaucracy and streamline processes in order to deliver the best possible outcomes.

4. Transfer of funds

- 4.1 Payment will be made on an 'in arrears' basis on the completion of therapy by clients.
- 4.2 The grant recipient will invoice the PCC for the grant after which transfer of funds will be arranged within 21 working days of receipt of the invoice.
- 4.3 The PCC will not pay in advance of need. If the PCC reasonably believes that payment is being made in advance of need, the PCC may change the timing and/or the amount of any payments.
- 4.4 In order for any payment to be released, the PCC will require the grant recipient to:
 - have accepted these conditions by signing and returning a copy of this Conditions of Award agreement,
 - have provided a communications plan;

- have provided appropriate bank details, and
- be in compliance of the terms of award (including the MoJ conditions).

5 Monitoring

- 5.1 The grant recipient will report quarterly on the specified output and outcome measures and on financial expenditure. A final report will be submitted by 14 April 2017.
- 5.2 The PCC may require attendance at a public meeting of the PCC's Accountability and Performance Panel, on dates as determined by the PCC's Chief Executive. If this is the case the Chief Executive will advise the recipient.
- 5.3 The grant recipient must notify the PCC as soon as reasonably practicable if the organisation ceases operation, the project does not proceed or if an underspend is forecast. Any underspend must be returned to the PCC.

6. Commissioning Principles

- 6.1 In the circumstances where the grant recipient commissions services from other bodies applications must be assessed (by the grant recipient) with good practice commissioning principles in mind (e.g. guidance on commissioning issued by the Association of Policing and Crime Chief Executives), and having due regard to equality, diversity and human rights issues.

7. Publicity and Marketing

- 7.1 By accepting the award from the PCC the grant recipient makes a commitment to acknowledge the PCC's support publicly and must acknowledge their funding from the PCC in all their promotional work. Any recipients of funding via the grant recipient must display the PCC's logo in all publicity for the life of the initiative. Logo artwork can be provided upon request. Any exceptions must be agreed with the PCC.
- 7.2 The grant recipient will liaise with the PCC's Communications Manager to agree a communications plan.

8. Access to Information

- 8.1 The PCC expects reasonable access to any records and information held by the grant recipient for purposes associated with the award.
- 8.2 The PCC reserves the right to withhold all or any payments of the award if the PCC has reasonably requested information/documentation from the grant recipient and this has not been received by the PCC in the timescales reasonably required.

9. Miscellaneous

9.1 The award may not be used to support or promote religious activity. This will not include inter-faith activity.

9.2 The grant recipient must ensure that all reasonable steps have been taken to ensure that it and anyone acting on its behalf complies with any applicable law for the time being in force (so far as binding on the recipient).

9.3 The grant recipient, and its employees, shall be careful not to be subject to conflicts of interest.

9.4 The grant recipient shall ensure that third party recipients have adequate insurance coverage (including but not limited to public liability insurance) in place and shall provide evidence of such insurance to the PCC on request.

9.5 The PCC accepts no liability to the grant recipient or third party recipients for any costs, claims, damage or losses, however they are incurred, except for to the extent that they arise from personal injury or death which is caused by the PCC's negligence.

9.6 The grant recipient agrees to indemnify the PCC for any costs, claims, damages or losses which arise as a result of negligence by the grant recipient or out of any breach by grant recipient of any of the conditions of award.

10. Termination

10.1 This agreement may be terminated by either party giving the other at least three months' notice in writing.

ACCEPTANCE OF VICTIMS SERVICES GRANT

Waveney Domestic Violence and Abuse Forum accepts the offer of an award of up to £18,000 and agrees to comply with the terms and conditions of the Grant on which the offer is made (including the MoJ conditions in their grant agreement).

On behalf of Waveney Domestic Violence and Abuse Forum:

Signature	
Name:	
Position:	
Date:	

Bank details for grant payment:

Bank name:	
Branch name:	
Sort Code:	
Account name:	
Account number:	
Address:	
Postcode:	

Signed on behalf of the Police and Crime Commissioner for Suffolk:

Signature	
Name:	
Position:	
Date:	