

## **Appendix 1**

### **Update on the Suffolk Positive Futures Outcome Plan 2014/15 for the PCC Accountability Meeting 28<sup>th</sup> April 2015**

**Period April 2014 - March 2015**

**Paul Knight  
Project Manager  
Catch22, Suffolk Positive Futures**

**Mike Chaplin  
Project Coordinator  
Catch22, Suffolk Positive Futures**



**catch  
22**

## Outcome 1

1.1 Outcome the project is working to achieve:

**Reduce re-offending by:**

**Supporting integrated offender management to tackle prolific and priority offenders**

**Diverting young people from coming into the criminal justice system by assessing needs and early intervention**

1.2 What the project has done up to date.....to achieve the outcome listed:

In this 12 month grant period we have provided young people with a range of open access community activities across Suffolk to divert them away from entering the criminal justice system. These sessions have been run to offer young people a positive alternative to crime, violence and ASB and provide a place where young people can be safe.

We see ourselves as an early intervention project by providing meaningful opportunities at a time when the young people need them the most. It can be hard to gauge exactly what impact these interventions have further down the line in the life of the young people but we believe offering positive opportunities at an early age can have significant impact upon the rest of their lives. We have tried to demonstrate that within this report through statistics, testimonies and case studies.

As well as the open access community activities the project has also delivered a range of targeted interventions too. Working in partnership with the Youth Offending Service, Schools and pupil referral units.

A complete list of all the activities and interventions that have been delivered since April 2014 can be seen in **Appendix 2**.

- We have managed to **deliver community projects in new geographical areas of the county**, enabling us to further widen the reach of the programme and hopefully divert more young people away from the criminal justice system. We have delivered in three new areas of Ipswich - Kelly Rd (triangle estate), Stone Lodge & Alderman Road. These areas were requested by the locality development officer of Suffolk County Council who had identified a lack of constructive activities currently available and a range of ASB incidents occurring. In Waveney we have continued offering opportunities in the Rigbourne Hill Estate in Beccles. Also in Waveney further funding was secured via the 'streetgames initiative' to continue our work on the high profile Whitton estate in Lowestoft. Through consultation with Suffolk Police we have established a weekly project in Leiston as well as a new boxing initiatives in the Jubilee Park area of Ipswich. We have reestablished work in Bury St Edmunds where we now operate on a Friday evening in the town and have linked in with South Suffolk leisure to deliver a weekly boxing project in Hadleigh. Significant plans with regards delivery in the Forest Heath area are also well under way and will be reported on in the report.

**STONE LODGE DANCE & SPORT PROJECT**  
When: Every Friday  
Time: 4pm-5pm  
Starts: Fri 12th June  
Where: Hawthorn Drive  
Sessions are FREE  
This school partnership will be for young people aged 8-16 who are not currently attending school. It will be a free weekly dance and sport project. The project will be held at Stone Lodge, a community centre in the Stone Lodge area of Ipswich. For further information please contact: Catch22 Suffolk Positive Futures, 01771 29073 or email: positivefutures@suffolkcatch22.org.uk

**MULTISPORTS LEISTON PROJECT**  
When: Every Friday  
Time: 7.30pm-8.30pm  
Starts: 20th January  
Where: Leiston Sports Centre  
AGES: 15+  
Catch22 Suffolk Positive Futures shall be running free football activities at Leiston Sports Centre every Friday evening 7.30pm-8.30pm.  
THE SESSIONS ARE FREE SO JUST TURN UP AND PLAY  
For further information on the project please contact:  
positivefutures@suffolkcatch22.org.uk  
or Call 07717 29073  
or Facebook: 'Suffolk positive futures'

**TEENAGE KICKS FOOTBALL PROJECT**  
Starts: 31st June  
When: Every Thursday  
Time: 5pm-6pm  
Where: East Park Academy Sports Pitch  
AGES: 15+  
Catch22 Suffolk Positive Futures shall be running free football activities at East Park Academy Sports Pitch every Thursday evening 5pm-6pm.  
THE SESSIONS ARE FREE SO JUST TURN UP AND PLAY  
For further information on the project please contact:  
positivefutures@suffolkcatch22.org.uk  
or Call 07717 29073  
or Facebook: 'Suffolk positive futures'

**TEENAGE KICKS BECCLES PROJECT**  
When: Every Wednesday  
Time: 7.00pm-8.00pm  
Starts: 18th April  
Where: St Andrew's Leisure Centre  
AGES: 15+  
Catch22 Suffolk Positive Futures shall be running free football activities at St Andrew's Leisure Centre every Wednesday evening 7pm-8pm.  
THE SESSIONS ARE FREE SO JUST TURN UP AND PLAY  
For further information on the project please contact:  
positivefutures@suffolkcatch22.org.uk  
or Call 07717 29073  
or Facebook: 'Suffolk positive futures'

**STREET FOOTBALL**  
When: Every Friday  
Time: 7.30pm-9pm  
Where: Bury St Edmunds Leisure Centre  
AGES: 12-18  
LAUNCHES FRIDAY 31ST OCTOBER  
Project will launch during the October half-term with 4 events taking place within the community (please see reverse for date and times)  
Suffolk Positive Futures in partnership with ACL Street Sports will be at Bury St Edmunds Leisure Centre every Friday evening 7.30pm-9pm running a programme of free football.  
SESSIONS ARE FREE SO JUST TURN UP AND JOIN IN!  
For further information on the project please contact:  
positivefutures@suffolkcatch22.org.uk  
or Call 07717 29073  
or Facebook: 'Suffolk positive futures'

**HADLEIGH BOXING PROJECT**  
When: Every Tuesday  
Time: 5pm-6pm  
Where: Hadleigh Leisure Centre  
AGES: 11+  
Suffolk Positive Futures in partnership with South Suffolk Leisure will be at Hadleigh Pool and Leisure Centre running a programme of free boxing.  
Sessions are non-contact and both males and females are welcome.  
THE SESSIONS ARE FREE SO JUST TURN UP AND JOIN IN!  
For further information please contact:  
Hadleigh Pool & Leisure on 01772 32410  
or email: hadleigh@catch22.org.uk  
or call 01771 29073  
Follow us on twitter and facebook!  
Suffolk Positive Futures is supported by the Suffolk Police and Crime Commissioner, Tim Passmore.

- The above listed new areas in addition to the existing areas of delivery and the exciting development in the Forest Heath area have gone a long way in making the project purely county wide, with all 7 Local authority areas being delivered to during 2014/15. Further details on the above projects can be found later in the report.
- **Targeted work with schools** remains part of our programme during the day with groups such as Westbridge Pupil Referral Unit, The Moving on project, Benjamin Britain High School and Felixstowe Academy all utilising the project. In May we completed a Sports Leaders level 1 qualification with Felixstowe Academy working with 10 young people on the verge of exclusion / or those who had been excluded. This was a challenging group to work with but through perseverance the group passed units such as 'fair play in sport' 'role of the official' and 'planning and leading a sports session'. Young person's Sport's Leaders certificate shown below alongside feedback from Felixstowe Academy.



*I just wanted to write to say how much we appreciate being able to work with Suffolk Positive Futures / Catch 22 on the Sports Leader project. As you are aware one size does not fit all with our young people these days and projects such as yours are crucial.*

*With regard to the students we had on the programme this has helped assist some of them with their behaviour and attitude to work which is what we hoped it would do and given some of them more confidence.*

*As usual we had an excellent rapport with the course tutors and they were very flexible about meeting our requirements and working with us as opposed to against us.*

*Please bear us in mind for any future projects and thanks once again for usually offering us first refusal at such projects.*

*Yours sincerely*

**Melanie Warnes**  
Intervention and Inclusion Support Manager  
Felixstowe Academy

The below two pictures show our group sessions with Benjamin Britten High School (BBHS) students in Lowestoft where the young people involved get to learn teamwork skills, anger management, self-control as well as information on substance misuse whilst also taking part in a range of Sports. BBHS have continued to refer year 9 students to the project over a number of years to help them feel ready for the pressures of mainstream school.



The above picture shows a group of young people who were currently working through a OCN qualification with. The young people are attending Westbridge PRU (an alternative education provider in Ipswich) and are on an alternative curriculum.

*“Westbridge has worked with Catch22, Suffolk Positive Futures for a number of years. They provide us with alternative activity based programmes which engage with our client group.*

*The Positive Futures Team are able to effectively deliver a session which is now in its 6<sup>th</sup> Year. An additional spin off is that students can, and do join locally run sessions out of school time as they know the coaching staff and feel more comfortable with that.*

*Suffolk Positive Futures have endeavoured to create packages using more varied activities to support and work with our students in less familiar settings. This only works due to the positive relationships built up over time by the staff with the group. We have at times had 40% of our client group accessing the sessions run by Positive Futures, which is a phenomenal take up from a traditionally disengaged group of students. Something must be working well for that to happen”*

Carey Fish  
Deputy Head  
Westbridge PRU

- The project **continues to work with the Suffolk Youth Offending Service** delivering its successful 'Kick Smart' Project. The weekly programme works with young people who have been through the court system or are at risk of serious offending. Whilst attending the weekly football session young people also work towards a number of positive outcomes including continued engagement, not re offending, qualifications and employment or training.



*"The opportunities I was given through working with the Youth Offending Service and Positive Futures allowed me to turn the mistakes I had made into something positive. My attendance with Kick Smart and the Sports Leaders Award gave me the confidence boost I needed and made me realise I had the skills needed to work in this field. This led to me getting a Sports Coach job at Hopton Holiday Village and since being there, I have trained to become a Lifeguard too"*

Michael Clough – Attendee of the project - shown in the middle of pic (left)

*"The support that Positive Futures provide Kick Smart is vital for the group and the young people that attend. The enthusiasm and expertise provided the PF team is extremely beneficial and helps the YOS out greatly. Whilst attending this weekly session Positive Futures staff spend time talking to the young people about their social lives and offending history, it is this down time in the session that most of the work our staff do to help challenge behaviour and trends is done. Positive Futures continuously promote other activities they facilitate locally which our clients engage with."* Scott Reynolds (Suffolk Youth Offending Service case worker)

- An exciting development of the project is planned from June 2015 with a partnership with Abbeycroft Leisure being established for **Suffolk Positive Futures to take on and expand their existing work in the Forest Heath Area**. The partnership will see Suffolk Positive Futures delivering interventions and projects to young people in Newmarket, Red Lodge and Brandon. This will start from June 2015. On top of this initial delivery Abbeycroft Leisure are currently on the verge of submitting a funding bid to Sport England that would see a **three year funding commitment** for the delivery of activities in Newmarket, Mildenhall and Brandon from Jan 2016. Suffolk Positive Futures would lead on this delivery which could result in up to 8 sessions per week being delivery across the Forest Heath District.
- Looking ahead throughout 2015-16, we plan to maintain our strong existing presence in Ipswich and Lowestoft as well as ensuring we continue to offer countywide opportunities across all local authorities and districts.

### 1.3 Progress measurements with responses in brackets: (As set by PCC in grant agreement / Additional targets set by Positive Futures team to evidence impact)

- Upskilling vulnerable young people – 30 young people not in education or excluded from mainstream school working towards a recognised qualification **(28 young people achieved a qualification. Qualifications included Sports Leaders Awards, OCN units in teamwork and various sports coaching awards)**
- Provide 1300hrs of activity for young people, predominately in the evening **(1324hrs delivered in total)**
- Anecdotal information from Safer Neighbourhood Teams in the local area – e.g testimonies on project impact **(Testimonies supplied within this report)**
- Testimonies from young people and parents on what the project means to them and the impact it's had. **(Contained within report)**
- Numbers of young people referred by the Suffolk Youth Offending Service including Time 2 change project (Target of 20 young people) **(25 young people referred)**
- Number of new geographical areas of Suffolk delivered to (target of 5 new areas) **(6 new areas delivered to – Alderman Rd, Stone Lodge and the Triangle estate in Ipswich. Leiston in Suffolk Coastal. Bury St Edmunds is St Edmundsbury and Hadleigh in Babergh.**
- Numbers of 'new' young people engaging in the project (target of 100) **(396 new young people recorded)**

## Outcome 2

**2.1 Outcome** the project is working to achieve:

**Prevent the damaging effects of drugs and alcohol on lives, crime levels and the night-time economy by:  
Raising awareness of responsible alcohol use**

**2.2 What the project has done up to date.....to achieve the outcome listed:**

- Informal alcohol / substance misuse talks and information sessions have taken place within our School and Pupil Referral Unit (PRU) sessions run in Ipswich, Lowestoft & Felixstowe to educate young people on the dangers and implications of alcohol and drugs. These sessions have now taken place with five groups this year. We plan to roll these out to include our open access sessions in the near future. We are not experts in this area but if we can do our bit without diluting the 'fun sport session' too much then hopefully we can have an impact



**(Left) Students from Benjamin Britten High School completing Drug and Alcohol Misuse quiz during a break from their alternative curriculum sports programme. (Right) Young people completing the Drugs and Alcohol worksheets as part of the sports leaders delivery.**

- Suffolk Positive Futures help deliver Suffolk Youth Offending Service's Boyhood to Manhood programme. Boyhood2Manhood is an 11 week holistic programme written for young men working with the YOS who lack positive male role models. The course is run from a multi-agency approach by three male workers from YOS and the 12+ Integrated Youth Support Services Team as well as support from Suffolk Positive Futures staff. Programme provides opportunities for education and discussion around substance and alcohol use.
- Project staff have updated their knowledge on substance misuse so informal group work and signposting young people to specialist organisations can become part of our everyday work

- Project continues to deliver activities at key times of the evening which have hopefully provided the diversion young people need to steer clear of the temptations of drug and alcohol use.
- Sports Leadership courses have been delivered with a group of young people from Felixstowe Academy as well with a group from the Suffolk Youth Offending service in Lowestoft. The course incorporates modules on drugs and alcohol awareness. Course will remain part of our programme going forward with new courses being planned in 2015/16.



Picture shows Lowestoft young people completing drugs and alcohol session as part of Sports leaders qualification

*“Benjamin Britten High School refers a group of year 9 students to Suffolk Positive Futures twice a week throughout the School year to experience a range of activities away from the School environment. The students are identified as being disruptive and have difficulties settling in class and concerns have been raised by teachers about the student’s readiness for their important GCSE years. The relationships the staff at Suffolk Positive Futures builds with the students allow them to challenge their behaviour and attitudes through activities that the students do not normally have access to. The School staff see the benefits the program has on the students and behaviour has improved as measured with the students behaviour cards. Due to the impact on the students attitudes and calmness in class we are already identifying the next group of students for 2015-16”*

Bryan David, School Support Worker, Benjamin Britten High School.

### **2.3 Progress measurements with responses in brackets: (As set by PCC in grant agreement / Additional targets set by Positive Futures team to evidence impact)**

- **Deliver 660 activity sessions for young people (903 sessions delivered)**
- **Provide 1300 hours of activity for young people, predominately in the evening (1324 session hours delivered)**
- **Numbers of young people receiving educational advice / guidance on substance misuse by Positive Futures (Target of 100 young people) (78 received education)**
- **Questionnaires conducted at the start and the end of projects to determine what knowledge has been gained by the young people on the subject of substance misuse (target of 100 to complete questionnaire) (78 young people completed them up to 30/9/14)**

## Outcome 3 & 4

3.1 Outcome the project is working to achieve:

### Support effective crime prevention activity

Crime prevention initiatives aimed at reducing crime ASB

### Reduce ASB

Initiatives to prevent ASB arising and escalating

3.2 What the project has done up to date.....to achieve the outcome listed:

**Appendix 2** lists the whole range of activities we have delivered since April 2014. These activities are our main tool to supporting crime prevention activity as well as reducing ASB.

In addition to the activities in appendix 2 we have also:

- Secured a contract with Suffolk County Council via Sport England and Street Games to deliver 5 doorstep sport clubs across the county. A stipulation of the funding was that only the most deprived areas of Suffolk were eligible to deliver to – namely Lowestoft and Ipswich. We then selected Westgate, Chantry and Whitton wards of Ipswich and the Harbour and Whitton wards of Lowestoft. This is a four year agreement which brings investment into Suffolk and into the project of £25,000 each year for 4-years. Doorstep sport is a nationwide programme established by the national sports charity 'StreetGames', to engage young people from disadvantaged areas in sport. We have established doorstep sports clubs in Ipswich and Lowestoft through a partnership between Suffolk County Council, Ipswich Borough Council & Waveney District Council. Doorstep Sport Clubs are all based around the doorstep sport approach of 'right time, right place, right price and in the right style'. Young people feel a strong sense of belonging to their club and enjoy taking part in social activities alongside the sports programme. Two of these clubs deliver 'girls only' sessions, in order to try and encourage more girls into the programme. **A case study of one of Lowestoft 'DSC's' projects can be seen in appendix 1D**



Suffolk 'Doorstep Sport Club' festival – October 2014



Visit from the Ipswich Mayor – Cllr Quinton to our 'Doorstep Sport Club' festival



***“Suffolk Positive Futures are working in partnership with Suffolk County Council to deliver Doorstep Sports Clubs in the Ipswich and Lowestoft area. Doorstep Sport Clubs (DSC) are set up to increase participation in sport in deprived areas, positively impact on crime, anti-social behaviour and substance misuse, and improve health and well-being.***

***Suffolk Positive Futures has successfully grown participation over the period and has significantly exceeded targets with good diversity statistics which demonstrate a high level of inclusivity for the project.***

***The excellent progress the project has made has culminated in the project being shortlisted as a finalist in the category of best Doorstep Sport Club for StreetGames Annual National Awards. As a result StreetGames is looking at supporting the project to expand the number of DSC projects in the county”***

Andrew Anastasiou,  
Network Services Co-ordinator, East of England  
StreetGames



***“The Suffolk Positive Futures project has been instrumental in delivering 5 Doorstep Sport Clubs in Suffolk. The Clubs are a key part of Suffolk’s efforts to become the most active county in England because they provide important sporting opportunities for young people in disadvantaged areas. This is important because we know that young people from disadvantaged areas are 50% less likely to play sport than those from more affluent areas. Not only have the clubs successfully engaged hundreds of young people in Ipswich and Lowestoft but they have also been recognised nationally for the quality of delivery. Without the Suffolk Positive Futures Project and the hard work and dedication of their staff and coaches it is unlikely that Suffolk would have been chosen to host these clubs. Suffolk Positive Futures is delivering positive life enhancing opportunities for many young people from the county which in turn is having a positive impact for the community at large”***

Adam Baker,  
Most Active County Project Manager  
Suffolk County Council

- We have continued to build on our work in the **Jubilee park area of Ipswich** (Westgate Ward) – Work done to date includes a weekly Friday evening multi-sport session at Handford Hall Primary School, the YMCA and Alderman Rd. Numbers for this project has always remained high. Funding has now been received via Streetgames, Suffolk County Council and Community First to enable the project to remain delivering in these areas for the next three years. In May 2014 we added a dance session to the project to hopefully engage more girls into the project (flyer below)



# JUBILEE PARK DANCE PROJECT

**When:** Every Friday  
**Time:** 6pm-7pm  
**Starts:** Fri 6th June  
**Where:** YMCA, Ipswich  
**Ages:** 10-19

**Sessions are FREE so just turn up and join in**

For further information on the project please contact paul.knight@catch-22.org.uk. Follow us on twitter @suffolkpf or facebook 'suffolk positive futures'

Catch22 Suffolk Positive Futures is supported by the Suffolk Police and Crime Commissioner, Tim Passmore. Funding and support for this project has been provided by Suffolk County Council and Community First.

**catch 22**  

*“When patrolling around the Jubilee Park area at the time the football session was running, it was obvious that there were fewer groups of children and young people about. The playground at the park was still busy with younger children, but I would usually expect to see several groups of older children (usually boys) playing football or gathering in the area in and around the park, and they were not there. There were still a couple of groups of young people in the area; one group was of Eastern European females, who were watching the football at one point. The other group was mixed group of young people, some of whom live out of the Jubilee Park area, some are known to police and they are difficult to engage with. There are also usually groups playing football outside the shop and this area was also deserted whilst the football session took place. I can only assume that the young people who would normally be playing football on the streets were attending the session. This has a positive impact on residents in the area, as there was less noise, less risk of criminal damage due to misplaced footballs, fewer people gathering in the street, therefore reducing the risk of anti-social behaviour taking place”*

PC 1628 Hannah Canning, Ipswich Central SNT

October 2014 saw the launch of an additional activity being brought into this area with a weekly boxing project being established. The project was identified as being of need by Inspector Danny Cooper of Suffolk Police. Suffolk Positive Futures were asked to take the lead in coordinating this project and through a successful bid to the Community First initiative we secured funding to run a 20 week pilot project. This Pilot has now come to an end but with the project regularly attracting up to 18 young people each week we are currently seeking new local investment to keep the sessions running.

CATCH22, SUFFOLK POSITIVE FUTURES

# JUBILEE PARK BOXING PROJECT

**WHEN:** Every Wednesday  
**TIME:** 5.15pm-6.15pm  
**STARTS:** 15<sup>th</sup> October  
**WHERE:** Westbridge PRU (London Rd)  
**AGES:** 13-19

Suffolk Positive Futures in partnership with Suffolk Police will be at Westbridge PRU (London Rd) every week running a programme of free boxing.

Sessions are non-contact and both males and females are welcome.

**THE SESSIONS ARE FREE SO JUST TURN UP AND JOIN IN**

For further information on the project please contact paul.knight@catch-22.org.uk Follow us on twitter and facebook:

@suffolkpf 'suffolk positive futures'

Suffolk Positive Futures is supported by the Suffolk Police and Crime Commissioner, Tim Passmore. Funding for this project has been provided by the Community First initiative.



*"I was first put in touch with Paul & Suffolk Positive Futures last year by a colleague. At the time I wanted to start a community boxing project to engage with young people in central Ipswich. I had the idea and the people with the skills to deliver the sessions but was struggling with funding and a suitable location. Paul had the knowledge of funding applications and through his contacts we managed to find a suitable location for the weekly sessions. I found Paul & Positive Futures very helpful and easy to work with and I'm sure without them everything would have taken a lot longer to get up and running. We have been running weekly sessions since October 2014 during term time which have gradually increased in popularity up to present day where we have 14-16 boys and girls attend.*

*The programme has certainly met my objectives of giving young people an activity to focus on, building their self-confidence, learning respect for others and building a positive relationship between Police and the local community. I am sure with the continued support of Paul and his team that we can build on the sessions and the positive impact that they have so far had"*

PCSO 3308 Neil Stain, Street Drinking Liaison Officer  
 Ipswich Central Safer Neighbourhood Team

- Suffolk Positive Futures continues to engage large numbers of young people in **Haverhill** on a Friday evening. 40/50 young people regularly turn up at the sports centre in Haverhill on a Friday evening to take part in the provision we offer them. This project has recently been strengthened further by a grant from the 'Safer Suffolk Fund' (Managed by the Suffolk Foundation) to ensure the project runs until July 2015. Apprenticeship talks have also taken place with this group via the youth skills manager of One Haverhill.
- We continue to run a project in partnership with Anglia Community Leisure on a Friday in the **Red Lodge area of Forest Heath** where attendances remain very high. Delivery of this project will come over to Suffolk Positive Futures from 1<sup>st</sup> June
- From October 2014 we have also been jointly delivery a Friday evening football project in **Bury St Edmunds**. Again this is run in partnership with Abbeycroft leisure and the funding for this initiative has come via the Safer Suffolk Fund. Numbers of the project have been up to 30 young people. 1 of the young people has completed his FA Level 1 coaching badge and will shortly be putting those new skills into use by giving something back to the project and volunteering.
- From February 2014 to January 2015 we had been delivering a Boxing Project in **Stowmarket**, with support from Suffolk Police and the Suffolk Family Focus initiative. The project was moved to Stowmarket High School (from the middle school) in order to link in with the school and attract some new young people to the session. Unfortunately this session ended in Jan 2015 due to a lack of funding and difficulty in engaging with the local young people to the session.
- The project continues to deliver its Friday night youth sports provision in **Leiston** with sessions attracting 30 young people (predominately females) from the local area with support from the local police team. (Project featured later in the report)
- September 2014 saw the introduction to delivering in the Babergh District of the County. We have linked up with South Suffolk Leisure to deliver a weekly boxing project in **Hadleigh**. Project is based from Hadleigh Leisure Centre. Weekly session numbers average around 12 young people. We hope to boost these numbers up to nearer the 20 mark throughout the next reporting period.
- Suffolk Positive Futures have been chosen to deliver the Waveney District Council Sports on Beach project in **Lowestoft** during 2015. The 6 week program will target young people during the School holiday period offering free activities as a diversionary program. The project has been aimed at 6-10 year olds in previous years but after discussions with Rachel Tucker, Waveney District Council, ASB and the Troubled Families Officer it was felt the project should target 10-16 year olds.
- We have maintained close contact with Sgt Darren Oxbrow from Suffolk Constabulary who is a member of our Positive Futures Steering Group, enabling quick identification of new hot spot / priority areas of the county and enabling us to respond quickly to these needs. Darren is also a very useful link to push and promote our work through the police and wider networks.
- We have continued to add to our pool of trained and qualified volunteers and sessional staff members enabling us to react quickly to the changing needs of local communities and deliver multiple projects on the same evening e.g. Friday evening.

**3.3 Progress measurements with responses in brackets: (As set by PCC in grant agreement / Additional targets set by Positive Futures team to evidence impact)**

- Achieve 8000 attendances to the project by young people (10789 attendances in total archived)
- Working with over 1000 young people (1658 young people registered at sessions in 2014/15)
- Deliver 660 activity sessions for young people (514 sessions delivered up to 30/9/14)
- Provide 1300 hours of activity for young people, predominately in the evening (1324 session hours delivered in total)
- Encourage at least 15 young people to take up volunteering placements with the project and externally sourced placements (17 in total. 5 formal volunteers and 12 informal) – Case studies included of some of these volunteers in appendices
- Anecdotal information from Safer Neighbourhood Teams in the local area – e.g. testimonies on project impact (**Testimonies supplied within extracts of this report**)
- Testimonies from young people and parents on what the project means to them and the impact it's had. (**Contained within this report**)
- Numbers of young people referred by the Suffolk Youth Offending Service including the time2change team (Target of 20 young people) (**25 yp referred through 2014/15**)
- Number of new geographical areas of Suffolk delivered to (target of 5 new areas) (**6 new areas delivered to – Alderman Rd, Stone Lodge and the Triangle estate in Ipswich. Leiston in Suffolk Coastal. Bury St Edmunds is St Edmundsbury and Hadleigh in Babergh.**)
- **Basic project Statistics requested at previous accountability meetings (shown below)**

Age	Count	%
9 and under	81	4.87%
10	63	3.78%
11	122	7.36%
12	131	7.94%
13	164	9.86%
14	203	12.29%
15	256	15.43%
16	201	12.10%
17	158	9.48%
18+	222	13.43%
Not specified	57	3.46%

Ethnicity	Count	%
White or White British	1297	78.21%
White Other	88	5.32%
Mixed	90	5.42%
Black or Black British	64	3.87%
Asian or Asian British	34	2.10%
Not Specified	81	4.89%
Preferred Not to Say	4	0.19%

Suffolk Average for White British = 89%

Gender	Count	%
Male	1243	75
Female	415	25

Last report

Male=77%

Females = 23%

Area	Numbers of Young people attending since 1st April 2014
Ipswich	628*
Lowestoft	321
Haverhill	190
Leiston	99
Newmarket/Red Lodge**	95
Town not listed	75
Beccles	71
Kessingland	58
Stowmarket	18
Hadleigh	14
Aldeburgh	8
Yoxford	7
Saxmundham	7

Area	Numbers of Young people attending since 1st April 2014
Felixstowe	6
Hitcham	5
Cavendish	4
Wolverstone	3
Stowupland	3
Little Glenham	3
Knodishall	3
Kedington	3
Halesworth	3
Gorleston	3
Diss	3
Blunderston	3
Bildeston	3

Area	Numbers of Young people attending since 1st April 2014
Stoke by Claire	2
Martlesham	2
Hundon	2
Horseheath	2
Hensted	2
Gt Yarmouth	2
Elmsett	2
Carlton Colville	2
Wolverstone	1
Westledon	1
Sudbury	1
Lower Raydon	1
Brampton	1
Bramford	1

\*Includes figures from our large open access summer programme

\*\*In partnership with Anglia Community Leisure

- **Engagement levels to show progression as requested at previous accountability meetings**

At the April 2014 accountability meeting we were asked to include some further information to measure the progress of young people within the programme. The database we use to monitor and record young people's attendances has an engagement tool which can be used to chart young people's progress. "The Engagement Level tool provides users with a means to measure a Participant's development in the context of their contact with the project, whether it is positive or negative, in a quantitative way. The Substance Engagement Matrix highlights the categories and sub-categories of engagement, which range from disengagement through to autonomy" A basic explanation of what the levels mean are listed below:

- Disengagement (e.g not interested in taking part)
- Curiosity (e.g dipping in and out of the session)
- Engagement (e.g takes full part in session)
- Achievement (e.g achieves qualification / accreditation)
- Autonomy (e.g volunteering on the programme)

We update our engagement levels on a quarterly basis. The assessment is done by Suffolk Positive Futures staff as well feedback from referral agencies including teachers and support workers.

For this report we widened the sample from the last report and focused not just on the young people who were referred to the project by statutory agencies but also now some of the young people who maintained regular attendance at our open access community sessions to. We set the sample at 300. Which was seen as a manageable number of young people to focus on.

The young people referred to the project in the sample are required to attend the project each week and therefore provide us the opportunity to track them closely and allow us to see progression more clearly. At the start of their involvement with us, the young people are often quite resistant to take part in sessions, which is why they often start at a low engagement level (1 or 2). The young people attending the open access sessions are more open to the sessions and will often start their engagement at level 3.

**Results from sample of 300 referred young people** (Referrals via Suffolk YOS, Benjamin Britain High School, Westbridge PRU, Felixstowe Academy and Montgomery Rd Education project plus young people who have regularly attended (over 10 sessions) our open access sessions.

Total number of young people in sample = **300**

Number of young people moved up 3 engagement levels = 6 (2%)

Number of young people who moved up 2 engagement levels = 51 (17%)

Number of young people who moved up 1 engagement level = 111 (37%)

Number of young people maintaining engagement level = 111 (37%)

Number of young people moving down an engagement level = 21 (7%)

To move up a level a young person not only has to be judged as engaging more in a sporting context but also with their attitude towards teamwork, behaviour including accepting decisions and consequences. This improved attitude can then be taken away from sport and applied to education and other areas of their lives.

The above sample although not scientific and is the opinion of staff and referral agencies does reflect positively on the work the project is doing with young people. 56% of the young people from the sample have improved their engagement with the project over the past 12 months. This can include things such as improved behaviour, taking full part in the sessions, helping with the running the sessions, mentoring other young people and volunteering. 37% have maintained their current level of engagement. This includes the young people who simply turn up to the session, participate, and then leave. Some of the young people we work with can be difficult to engage full stop so on some occasions just maintaining any form of engagement can be a positive outcome.

7% of the young people in the sample actually moved down an engagement level which is not a good result but is an honest assessment and for 21 young people last year is what happened. We are still working with the majority of these individuals and over time we would hope to turn this round and find ways of improving their engagements with Suffolk Positive Futures.

## Outcome 5

**5.1 Outcome** the project is working to achieve:

### **Support families**

**Provide families most in need with support to make positive change.**

**5.2 What the project has done up to date.....to achieve the outcome listed:**

- In order to support families we have delivered activities at the times families need the most support such as evenings, school holidays and in particular the long school summer holidays. In this first part of the year we have completed Easter holidays programmes and have just completed range of summer programmes in Haverhill, Ipswich and Lowestoft. These sessions are promoted through schools, in shops, as well as walking the street in and around the estates to ensure young people and families are aware of what we do and the opportunities that exist for them and their children.
- One of our most successful new initiatives is our **Leiston Multi Sports** evening project which offers young people an alternative to hanging around on a Friday evening when no other youth provision is offered. The project was requested by Leiston police who were looking for a sporting activity to engage young people during this hotspot time. The project started in Leiston Sports centre but has since had to move outside due to the numbers attending and the restricted pace indoors.



*“Having Catch22 provide the sports project at Leiston leisure centre on a Friday night is providing an excellent opportunity for young people from the Leiston area to engage with physical activity. With Leiston being a recognised area of deprivation this project is having a hugely positive impact on the young people’s physical and mental health and helps us tackle the issues we have with high levels of obesity in the East Anglia area. As well as making new friends, it diverts them away from involvement in anti-social behaviour and substance misuse, it provides a safe environment for them to participate in activities on Friday nights when there is nothing else available for them in the town, and provides an ideal opportunity for the police to get involved in the activities as well which breaks down barriers and build bridges with the local young people”*

**PCSO 3298 Jason Cowles**

**Leiston and Aldeburgh Safer Neighbourhood team**

- The school holidays sees the project deliver 'Jumpers for Goalposts' in partnership with Ipswich Borough Council and Suffolk County Council. Over the summer holidays 10 separate parks and recreation grounds were selected by the IBC Area Committees (who funded this project) across 4 weeks of the school holidays. The project received over 430 attendances to the 4 week programme. Flyer used to promote the project in shops, schools, library's and youth centres is shown below. The project provides a valuable resource to families looking to keep their children occupied during the day in a safe environment. The first picture below demonstrates this outcome by featuring parents supporting the project and local children at Landseer Park. Repeat projects were held during the October and most recently the Easter 2015 holidays, again attracting large numbers of local young people.



**Parent feedback via email**

From: Sharon <sharonlanger1965@gmail.com>  
 To: Paul.knight@catch-22.org.uk

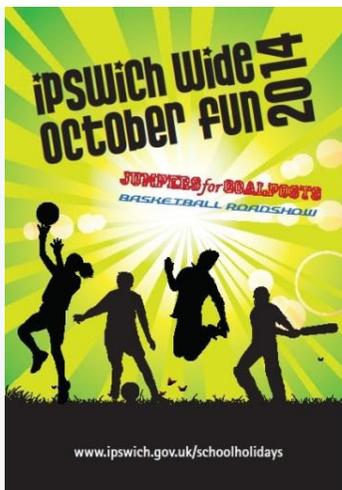
Hi Paul

Wanted to say a BIG thank you for the football on the parks over Easter, Ollie and Harry have been attending these events for a few years and they really enjoy it and have lots of fun, the coaches Mickey, Snowy, Terry and Kirsty are all great with the youngsters and always treats them firmly but fairly.

Thanks again and keep up the good work.

From The Langner family.

**Jumpers For Goalposts - Landseer Park Session**



**Parent feedback via Twitter**

**Diane Calver @CalverDianeAug 22**

@SuffolkPF my son Dylan attended the Jumpers for Goalposts sessions at Landseer Park, he has really enjoyed them. Big thanks to all involved

@CalverDiane Thank you Diane, glad Dylan enjoyed the sessions. Hope to run a similar project over the October half term too @IpswichGov

*"Ipswich Borough Council has been involved with Suffolk Positive Futures from the outset providing a number of support roles and inputs over the years. We also work in partnership with them to deliver the 'Jumpers For Goalposts' project.*

*The dedicated work of Suffolk Positive Futures provides a bespoke and adaptive service meeting local needs. The specific skills of the delivery staff offer services second to none which other core agencies struggle to provide to individuals in such a diverse and engage with community groups.*

*Wherever possible Ipswich Borough Council provides facilities for the project either free or at a subsidised rate"*

**Adam Keer – Ipswich Borough Council**

- **Volunteering** – The project offers many opportunities for volunteering. In particular for young people who have previously attended the project as participants. The opportunities to volunteer within the project are there for all young people. Volunteering can be as little speaking to friends and teachers about promoting the sessions to more formal volunteering such as coaching / mentoring young people at the sessions. We have attached three such examples of this in Appendix 1A, 1B, and 1C. Appendix 1A shows Shane, a young person who promoting the work of the project to his school friends and speaks about it in assemblies in order to increase the project numbers. Appendix 1B shows Kadel who was a former project participant who now coaches basketball as a volunteer within the project. Appendix 1C is a massive success story for the project details Reco, a young person who had a difficult start in life who has turned his life round through support from the programme. Reco went from participant, to volunteer, to attending training to gaining employment. His full story can be seen in the attachment.

### **5.3 Progress measurements with responses in brackets: (As set by PCC in grant agreement / Additional targets set by Positive Futures team to evidence impact)**

- **Deliver 660 activity sessions for young people (903 sessions delivered)**
- **Provide 1300 hours of activity for young people, predominantly in the evening (1324 session hours delivered)**
- **Encourage at least 15 young people to take up volunteering placements with the project and externally sourced placements (17 in total. 5 formal volunteers and 12 informal) – Case studies included of some of these volunteers in appendices**
- **Number of session hours delivered over the 2014 school summer holidays (Target of 100 hours) (192hrs delivered between 23rd July-30<sup>th</sup> Aug across Suffolk)**
- **Number of attendances over the 2014 school summer holidays (Target of 500 participants) (588 participants attended)**
- **Feedback from schools / Pupil Referral units Submitted within this report**
- **Testimonies from young people / parents. Submitted within this report**

## Outcome 6

**6.1 Outcome** the project is working to achieve:

**Ensure value for money for the PCC by bringing in further investment into the project to work directly with young people.**

**Bring in an additional £60k of funding to further support young people by 31/3/14**

(Not a PCC outcome but very much part of the plan to ensure value for money with regards the anticipated budget cuts)

**6.2 What the project has done up to date.....to achieve the outcome listed:**

One of our key pledges was to demonstrate value for money and to ensure that we didn't just sit on the PCC grant but we used it to actively levy in additional funding to the project which in turn would create even more opportunities for young people. We have written successful funding bids, we have worked and continue to work in partnership with local organisations and we have managed to maintain a high quality programme to date which local agencies and organisations feel secure to invest in.

For the financial year 2014/15 we have managed to bring in an additional £81,639.42 into the project directly for the delivery of sessions and activities across the county. The funding has not simply come from one source and the fact we have managed to secure additional funding for activities from 16 different organisations including local authorities, funding charities, sports governing bodies and Leisure Trusts, demonstrates the relatively secure nature of the project and the impact the project can have over a wide range of agendas. Approximately 33% of this additional income is new money being brought into the county from national agencies.

Funds already committed to the project for 2015/16 include £12k from Ipswich Borough council for delivery of school holidays sports intervention projects. £25k from Suffolk County Council (Via Streetgames) for delivery of Doorstep sport and £5k from Waveney DC for a summer beach sports project in early June we will find out if Abbeycroft Leisure's bid to Sport England for delivery in Forest Heath has been successful. This is a three year pieces of work with income of close to £50k.

**6.3 Progress measurements with responses in brackets:**

**Bring in an additional £60k of funding to further support young people in Suffolk by 31/3/15 (£81639.42 secured)**