

**ORIGINATOR: POLICY OFFICER (LH)**

**DECISION NO.** 32 - 2016

**REASON FOR SUBMISSION: FOR DECISION**

**SUBMITTED TO: POLICE AND CRIME COMMISSIONER**

**SUBJECT: BUTTERFLY CIC – THERAPEUTIC PROGRAMMES  
TO SUPPORT ADULT SURVIVORS OF CHILDHOOD  
SEXUAL ABUSE**

**SUMMARY:**

1. The Police and Crime Commissioner can commission services that:
  - a) secure, or contribute to securing, crime and disorder reduction in Suffolk;
  - b) are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour.
 This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014. In applying this provision, the PCC will ensure that the services commissioned are also consistent with the Suffolk Police and Crime Plan 2013 – 2017.
2. This report seeks approval to award a Victim Services Grant to Butterfly Community Interest Company (CIC) for the amount of £9,040 to deliver therapeutic group programmes to adult survivors of childhood sexual abuse.
3. The proposed grant will support delivery of the Police and Crime Plan through providing high quality services to victims and vulnerable people

**RECOMMENDATION:**

1. It is recommended that the PCC approves a grant of £9,040 to Butterfly CIC to provide therapy and counselling programmes for adult survivors of childhood sexual abuse.

**APPROVAL BY THE POLICE AND CRIME COMMISSIONER**

Signature

Date

10/8/16

## **DETAIL OF THE SUBMISSION**

### **1 INTRODUCTION**

- 1.1 The Police and Crime Commissioner can commission services that:
- a) secure, or contribute to securing, crime and disorder reduction in Suffolk;
  - b) are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour.

This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014. In applying this provision, the PCC will ensure that the services commissioned are also consistent with the Suffolk Police and Crime Plan 2013 – 2017.

- 1.2 This report seeks approval to award a grant of £9,040 to Butterfly CIC to address the current waiting list for therapeutic programmes to support adult survivors. There are currently 17 women on the waiting list for the Butterfly programme.

### **2 POLICE AND CRIME PLAN OBJECTIVES**

- 2.1 Following the issue of the Police and Crime Plan 2013-2017 work has been on-going to ensure that the Police and Crime Objectives and the Plan's principal themes will be achieved.
- 2.2 The Police and Crime Plan sets out a clear commitment to providing services that meet the needs of victims of crime and vulnerable people. The PCC has engaged extensively to pursue the ambitions set out within the Plan, including the provision of high quality services to victims and vulnerable people. The proposed grant will provide specialist support to adult victims of childhood sexual abuse.

### **3 THE BUTTERFLY PROGRAMME**

- 3.1 The PCC has previously awarded funding to support the Butterfly Programme to deliver therapeutic group programmes to adult survivors of childhood sexual abuse.
- 3.2 The Butterfly Programme was developed in 2010 in response to an overwhelming lack of specialist therapeutic services available for adult survivors of childhood sexual abuse.
- 3.3 The programme provides therapeutic sessions to support adult survivors of childhood sexual abuse to cope and recover. The main aims of the programme are:
- To assist survivors to cope better and recover from the effects of CSA
  - To reduce the cycle of abuse that exists in some families
  - To increase self-esteem and productivity (specifically increasing confidence, aspiration into education / employment)
  - To improve parenting skills (early intervention)
  - To reduce the vast and varied effects that adult survivors commonly encounter.
- [Decision 5-2016](#) provides a full overview of the programme.
- 3.4 The Butterfly Programme was first supported by the PCC in 2014/15 through the Ministry Justice Competed Fund and delivered 4 group programmes to 28 people. More recently the PCC funded the delivery of 4 programmes between January and April 2016 benefitting 29 women.
- 3.5 Overall outcomes from the latest programme showed that 90% of attendees experienced an increase in self-esteem and 20% entered into employment/education

as a result of increased confidence after attending the group. Evaluation also showed the positive impact of the programme on self-harm (88% reduction), eating disorders (64% reduction), suicidal thoughts (72% reduction) and feelings of depression and panic attacks (a 68% reduction for both).

- 3.6 Butterfly CIC predicts demand for therapeutic services in 2016/17 will require between 12 -16 programmes to be held during the year (supporting between 96 and 128 men and women). If realised, this would constitute a significant increase on the 84 clients helped in 2015/16 and 50 in 2014/15. This proposed grant will address the current waiting list.

#### **4 OUTPUTS/OUTCOMES**

- 4.1 This grant award is made on the basis of financial and activity data being made available on a regular basis with a final report submitted to the PCC by 30 November 2016.

- 4.2 The following outputs and outcomes will be reported on:

- Delivery of 2 programmes (for 16 clients).
- Detail of where referrals were received from.
- Number of clients who had presented to the police (prior to the programme/as a result of the programme).
- Client satisfaction/perception of the support provided and impact the programme had.

To indicate an increase in self-esteem and productivity the following will be measured:

- Average increase in self-esteem.
- Proportion entering employment/education.

To indicate a reduction in the vast and varied effects that adult survivors commonly encounter and to assist survivors to cope better and recover from the effects of CSA the following will be measured:

- Reduction in eating disorders.
- Reduction in self-harming / risk taking.
- Reduction in suicidal thoughts and feelings.
- Reduction in nightmares / flashbacks.
- Reduction in feelings of depression / hopelessness.
- Reduction in agoraphobia.
- Reduction in panic attacks.

To indicate an improvement in parenting skills the proportion of attendees who feel they are better parents and can keep their children safer will be measured.

- 4.3 The programme utilises a mix of evaluation methodology to measure success including:

- Rosenberg Self Esteem scores taken at the beginning and end of the programme to measure increase / decrease in self-esteem.
- Department of Health wellbeing questionnaire completed at beginning and end of programme to measure depression, anxiety, likelihood to harm self and others.
- Self completion questionnaire pertaining to parenting, medication and effects.

## **5 SERVICE AND FINANCIAL IMPLICATIONS**

5.1 Research indicates that a good service response not only helps survivors cope and recover more quickly but also helps to reduce demand on resources over the longer term.

5.2 The overall amount requested to deliver two programmes is £9,040. This represents a reduction in cost, per workshop to £4,520, comprising:

- Facilitators / therapists & additional support	£2,120
- Supervision / management	£ 410
- Staff costs (assessment and administration)	£ 920
- Premises costs (room hire at each location)	£ 500
- Refreshments	£ 150
- Materials	£ 420

The provider has made efforts to find savings without compromising the quality of service delivered.

5.3 Full conditions of award can be found in Appendix A.

## **6 RISKS**

6.1 There are no risks flowing from the consideration of this report.

6.2 An assessment of risk in delivery of the service has been undertaken. This assessment has considered the value of the grant sought, the duration of delivery and the grant recipient's history of delivery and ability to deliver. The monitoring arrangements outlined in the conditions of award reflect the fact that Butterfly CIC have previously delivered the programme and provided satisfactory monitoring information. Should there be any risk to the service being delivered, the grant recipient is required to notify the PCC.

## **7 RECOMMENDATIONS**

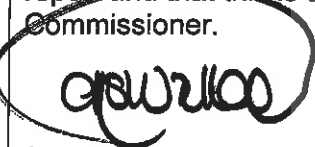
7.1 It is recommended that the PCC approves a grant of £9,040 to Butterfly CIC to provide therapy and counselling programmes for adult survivors of childhood sexual abuse.

ORIGINATOR CHECKLIST (MUST BE COMPLETED)	PLEASE STATE 'YES' OR 'NO'
Has legal advice been sought on this submission?	YES
Has the PCC's Chief Finance Officer been consulted?	YES
Have equality, diversity and human rights implications been considered including equality analysis, as appropriate?	YES
Have human resource implications been considered?	YES
Is the recommendation consistent with the objectives in the Police and Crime Plan?	YES
Has consultation been undertaken with people or agencies likely to be affected by the recommendation?	YES
Has communications advice been sought on areas of likely media interest and how they might be managed?	YES
In relation to the above, have all relevant issues been highlighted in the 'other implications and risks' section of the submission?	YES
Have all relevant ethical factors been taken into consideration in developing this submission?	YES

**APPROVAL TO SUBMIT TO THE DECISION-MAKER**

**Chief Executive**

I am satisfied that relevant advice has been taken into account in the preparation of the report and that this is an appropriate request to be submitted to the Police and Crime Commissioner.



**Signature:** **Date** 8/8/16

## APPENDIX A

### VICTIMS' SERVICES GRANT 2016/17

#### CONDITIONS OF AWARD

#### 1. Victims' Services Grant

1.1 The Police and Crime Commissioner can commission services that:

- a) secure, or contribute to securing, crime and disorder reduction in Suffolk;
- b) are intended to help victims or witnesses of, or other persons affected by, offences and anti-social behaviour.

This is in accordance with the provisions in the Anti-Social Behaviour, Crime and Policing Act 2014.

1.2 The PCC's victims commissioning approach will prioritise grant applications which:

- (a) fulfil the requirement to provide services for victims who are entitled to enhanced services, and
- (b) address gaps in service provision.

1.3 Commissioning decisions will be made on the basis of those which are considered to have the greatest likelihood of delivering the best possible outcome, in terms of helping victims to cope and recover from their experience and take into account the following:

- Innovation - an innovative approach to delivering victims' services;
- Working in partnership/collaboration - working in partnership or collaboration with one or more additional victims' services providers;
- Hard to reach/hear groups – services that are aimed at supporting victims from hard to reach/hear groups;
- Gaps in services – services that will address an unmet need/gap in services.

1.4 The Police and Crime Commissioner for Suffolk will award a grant to Butterfly CIC of £9,040 to deliver therapeutic group programmes to those adult survivors of childhood sexual abuse currently on the waiting list (minimum 16).

#### 2. Conditions of Award

2.1 This award is a one-off award and is made on the basis of delivering the service outlined above and does not place any ongoing responsibility on the PCC to fund the service beyond the period of this grant. Should the service wish to apply to the PCC for funding in future it will be through a competitive process.

2.2 The award is also made on the basis that the grant recipient uses the grant for the service (as defined at paragraph 1.4 above). In the event that the grant is not used for these purposes the monies must be repaid to the PCC.

- 2.3 The grant must be used to provide services which are free of charge to victims of crime who are entitled to enhanced services.
- 2.4 The grant recipient must be able to evidence appropriate safeguarding procedures for those using their services and have due regard for the Local Children Safeguarding Board policies and guidance. The grant recipient must ensure that its services, policies, training, recruitment, vetting and referral processes appropriately safeguard children and vulnerable adults.
- 2.5 Where the grant recipient provides services to victims of domestic abuse, they will be expected to contribute to the outcomes of the domestic abuse research '*Understanding Domestic Abuse in Suffolk: A study of the experience of survivors*' and support partnership working to address the findings. The service would be expected to contribute to the countywide review of domestic abuse (and mapping).

### 3. Bureaucracy

- 3.1 The grant recipient must be able to demonstrate that they are managing the grant in an efficient and effective manner, and are actively seeking to minimise bureaucracy and streamline processes in order to deliver the best possible outcomes.

### 4. Transfer of funds

- 4.1 Payment will be made on an 'in arrears' basis.
- 4.2 The grant recipient will invoice the PCC for the grant after which transfer of funds will be arranged within 21 working days of receipt of the invoice.
- 4.3 The PCC will not pay in advance of need. If the PCC reasonably believes that payment is being made in advance of need, the PCC may change the timing and/or the amount of any payments.
- 4.4 In order for any payment to be released, the PCC will require the grant recipient to:
  - have accepted these conditions by signing and returning a copy of this Conditions of Award agreement,
  - have provided a communications plan;
  - have provided appropriate bank details, and
  - be in compliance of the terms of award.

### 5. Monitoring

- 5.1 The grant recipient will provide a final report including financial expenditure and outputs/outcomes to the PCC by 30 November 2016.
- 5.2 The PCC may require attendance at a public meeting of the PCC's Accountability and Performance Panel, on dates as determined by the PCC's Chief Executive. If this is the case the Chief Executive will advise the recipient.

5.3 The grant recipient must notify the PCC as soon as reasonably practicable if the organisation ceases operation, the project does not proceed or if an underspend is forecast. Any underspend must be returned to the PCC.

6. Commissioning Principles

6.1 In the circumstances where the grant recipient commissions services from other bodies applications must be assessed (by the grant recipient) with good practice commissioning principles in mind (e.g. guidance on commissioning issued by the Association of Policing and Crime Chief Executives), and having due regard to equality, diversity and human rights issues.

7. Publicity and Marketing

7.1 By accepting the award from the PCC the grant recipient makes a commitment to acknowledge the PCC's support publicly and must acknowledge their funding from the PCC in all their promotional work. Any recipients of funding via the grant recipient must display the PCC's logo in all publicity for the life of the initiative. Logo artwork can be provided upon request. Any exceptions must be agreed with the PCC.

7.2 The grant recipient will liaise with the PCC's Communications Manager to agree a communications plan.

8. Access to Information

8.1 The PCC expects reasonable access to any records and information held by the grant recipient for purposes associated with the award.

8.2 The PCC reserves the right to withhold all or any payments of the award if the PCC has reasonably requested information/documentation from the grant recipient and this has not been received by the PCC in the timescales reasonably required.

9. Miscellaneous

9.1 The award may not be used to support or promote religious activity. This will not include inter-faith activity.

9.2 The grant recipient must ensure that all reasonable steps have been taken to ensure that it and anyone acting on its behalf complies with any applicable law for the time being in force (so far as binding on the recipient).

9.3 The grant recipient, and its employees, shall be careful not to be subject to conflicts of interest.

9.4 The grant recipient shall ensure that third party recipients have adequate insurance coverage (including but not limited to public liability insurance) in place and shall provide evidence of such insurance to the PCC on request.



9.5 The PCC accepts no liability to the grant recipient or third party recipients for any costs, claims, damage or losses, however they are incurred, except for to the extent that they arise from personal injury or death which is caused by the PCC's negligence.

9.6 The grant recipient agrees to indemnify the PCC for any costs, claims, damages or losses which arise as a result of negligence by the grant recipient or out of any breach by grant recipient of any of the conditions of award.

10. Termination

10.1 This agreement may be terminated by either party giving the other at least three months' notice in writing.

**ACCEPTANCE OF VICTIMS SERVICES GRANT**

Butterfly CIC accepts the offer of an award of up to £9,040 and agrees to comply with the terms and conditions of the Grant on which the offer is made.

**On behalf of Butterfly CIC:**

Signature	
Name:	
Position:	
Date:	

**Bank details for grant payment:**

Bank name:	
Branch name:	
Sort Code:	
Account name:	
Account number:	
Address:	
Postcode:	

**Signed on behalf of the Police and Crime Commissioner for Suffolk:**

Signature	
Name:	
Position:	
Date:	